

Report on activities of Health & Hygiene Committee (H & H Committee) 2021-22

Activity: National Level Webinar

Topic: Know Your Kidneys

Date: 11-12-2021

Organized by: Health & Hygiene Committee and Enabling Unit, Maitreyi College

Convener, Coordinator: Dr. Prachi Bagla and Dr. Pramod kr. Singh

Resource person: Dr. Anupam Roy from Venketashwar Hospital, Dwarka

Number of participants: 275

H & H Committee, Enabling Unit of Maitreyi College organized a national level webinar titled **Know Your Kidneys** on 11th December 2021 in association with our knowledge partner, Venkateshwar Hospital Dwarka. More than 150 participants joined the said webinar on zoom platform and rest were on YouTube Live.

The resource person on the subject was Dr. Anupam Roy MD, DNB (Nephrology) senior consultant, Venkateshwar Hospital, Dwarka. His areas of interest include management of non-dialysis chronic kidney diseases, and hypertension & kidney diseases.

Dr. Anupam Roy explained that kidney ailments can occur in any individual irrespective of age, gender or socio-eco status. It requires all of us to be very careful more so because it is usually very late when one is able to feel the symptoms of malfunctioning of kidneys. There are, however, some risk factors like diabetes, high blood pressure, family history of kidney trouble, stones in the kidneys/bladder, UTI, excessive intake of painkillers especially without any prescription/supervision of a doctor which can make a person prone to kidney related ailments.

Highlight of the talk was how to keep one's kidneys healthy. For this Dr. Roy recommended regular exercises to keep body weight under control, keeping blood sugar and blood pressure in check, less salt, no smoking and not to take over the counter pain killers for prolonged period. Water plays an important role in keeping kidneys healthy but how much water intake is ideal for the body is individualized and depending on the medical condition of a person, the quantities are decided. But in general 2-3 litres of water should be consumed by all, and for reducing salt intake his simple recommendation was to bring it down to half of present consumption.

This useful talk by Dr. Anupam Roy was followed by a question answer session

MAITREYI COLLEGE
 ACCREDITED WITH GRADE 'A' BY NAAC
 UNIVERSITY OF DELHI

in collaboration with our knowledge partner
VINKATESHWAR HOSPITAL, DWARKA

organizing a National Webinar on
KNOW YOUR KIDNEYS
 (Date: 11th December 2021, Time: 03.00 PM, Join through: Zoom Platform)
 Under the aegis of Anand Ka Anand Mahabir - 4th Edition of Govt. of India

Class & Forum:
 Prof. Nehra Chugh
 Principal, Maitreyi College
 University of Delhi

Co-Chair:
 Dr. Prachi Bagla
 Department of Gastroenterology
 Maitreyi College (DU)

Co-Chair:
 Dr. Pooja Kumar Singh
 Clinical, Imaging Unit
 Maitreyi College (DU)

Chief Guest & Inaugurator:
 Dr. Anupam Roy
 Senior Consultant
 Nephrology & Renal Transplant
 Vinkateshwar Hospital, Dwarka

Organized by
 Health & Hygiene Committee & Fraternity Unit
 Maitreyi College, Okhla, New Delhi

Devising by
 Ms. Himanshi Chaudhary, Ms. Anshika Kapoor, Ms. Aparna Bhatia
 Dr. P. Kavita, Maitreyi Pharmacy, Shiksha Geetani & Bahadur Singh

Zoom Meeting Link: <https://zoom.us/j/9661456398>

What are the common kidney diseases

- The kidneys can be affected by a variety of diseases
- AKI implies sudden onset renal failure, is potentially reversible
- CKD signifies progressive loss of kidney function over a period of months to years ultimately leading to End Stage Renal Disease (ESRD) requiring dialysis or transplant
- Other conditions affecting the kidneys include renal stones which can occur in the kidneys, along the drainage path or in the urinary bladder. Most common urinary tract stones are calcium stones
- Nephrotic / nephritic syndrome is characterized by loss of massive amounts of protein / blood in urine
- Inherited or congenital diseases include Polycystic kidney disease etc.

What can you do for your kidneys

- There are however several easy ways to reduce the risk of developing kidney disease.
- Keep fit and active**
 - Keeping fit helps to reduce your blood pressure and therefore reduces the risk of Chronic kidney Disease
- Keep regular control of your blood sugar level!**
 - Kidney damage from diabetes can be reduced or prevented if detected early and with good diabetic control
- Monitor your blood pressure**
 - Although many people may be aware that high blood pressure can lead to a stroke or heart attack, few know that it is also the most common cause of kidney damage

Participants (132)

- Maitreyi College - (Host, muted)
- Dr Anupam Roy (Co-host)
- Aashika Kapoor (Co-host)
- Dr. P. Kavita (Co-host)
- Prachi Bagla (Co-host)
- Prachi Singh (Co-host)
- Shelley (Co-host)
- Aarohi Tyagi
- Aashi
- Ahane Saha
- Ashwini Sharma
- Akshita
- Abhishek

किडनी रोग से सम्बद्ध विषय पर राष्ट्रीय वेबिनार का आयोजन

नई दिल्ली, 12 दिसम्बर (नवोदय ग्रहम्स): मैत्रेयी कॉलेज द्वारा चलाए जा रहे स्वास्थ्य जागरूकता मिशन के अन्तर्गत प्राच्य डॉ. हरिता चोपड़ा के निदेशन एवं डॉ. प्राची बागला व डॉ. प्रमोद कुमार सिंह के समोजन में अपने गुरु (किडनी) को जानने विषय पर राष्ट्रीय वेबिनार का आयोजन किया गया। यह आयोजन कॉलेज की हेल्थ एंड इनेब्लिंग कमेटी एवं इनेब्लिंग यूनिट ने अपने नॉलेज पार्टनर वेकटेस्वर हॉस्पिटल के साथ मिलकर किया। कॉलेज द्वारा स्वास्थ्य जागरूकता से सम्बद्ध इस वर्ष का यह हफ्ता राष्ट्रीय वेबिनार है, जिसमें वेकटेस्वर हॉस्पिटल के मुप्रसिद्ध किडनी रोग एवं किडनी प्रत्यारोपण विशेषज्ञ डॉ. अनुपम रॉय ने मुख्य अतिथि के रूप में अति महत्वपूर्ण एवं

ज्ञानवर्धक व्याख्यान दिया। डॉ. अनुपम ने किडनी से जुड़े विभिन्न समस्याओं का यथोचित समाधान प्रदान करते हुए इसे स्वस्थ रखने के विविध उपायों पर विस्तार से प्रकाश डाला। इस दौरान प्रश्नोत्तर एवं शंका-समाधान सत्र में प्रश्नों के जवाब दिए। वेबिनार में कुल 275 प्रतिभागियों ने हिस्सा लिया, जिसमें से लगभग 150 प्रतिभागियों ने जूम लाइव सेशन में भाग लिया, जबकि 125 प्रतिभागियों ने इनेब्लिंग यूनिट के यूट्यूब चैनल से लाइव जुड़कर वेबिनार से लाभान्वित हुए। वेबिनार का प्रारम्भ डॉ. प्राची बागला द्वारा प्रस्तुत लैप लाइविंग के सत्र हुआ। आकर्षक कर्पूर ने संचालन किया जबकि निर्मल चौहान, डॉ. पी. कविता, शेखर गेन्वानी, निहारिका खुराना और राहुल गुप्ता ने आयोजन सदस्य के रूप में भूमिका निभाई।

Webinar on 'Know Your Kidneys' organised at Maitreyi college

Staff Reporter
New Delhi
Health and Hygiene Committee and Enabling Unit of Maitreyi College in association with Venkateshwar Hospital Dwarka, their knowledge partner, organized a national level webinar titled Know Your Kidneys.

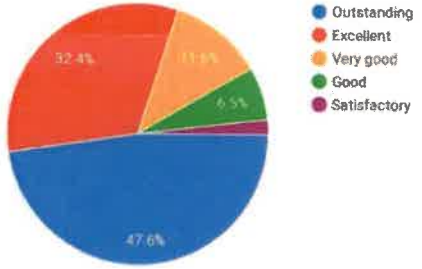
disease and transplant consultant at Venkateshwar Hospital.
Dr. Roy explained that kidney ailments can occur in any individual irrespective of age, gender, or socio-economic status. Risk factors for kidney malfunctions are diabetes, high blood pressure, family history and excessive intake of painkillers especially without prescription/supervision of doctors.
All of us should take good care of our kidneys as it is usually very late when the symptoms of sub optimal functioning of kidneys surface by which time there may already be irreparable

damage to them. Highlight of the talk was how to keep one's kidneys healthy for which Dr. Roy recommended regular exercises, keeping BP and blood sugar under control, reduced salt intake, no smoking, adequate amount of fluids and very importantly, not to take over-the-counter painkillers over prolonged periods.
This informative talk was followed by a Question-Answer session in which Dr. Roy attended to over 100 questions from the participants with great amount of patience and humility.
It is worth noting that a

total of 275 participants had joined the webinar through zoom platform and YouTube channel of the Enabling Unit. The program started with virtual lamp lighting and an overview of the topic by Dr. Prachi Bagla and Dr. Pramod Kr. Singh. Moderator was Akanksha Kapoor while Niramala Chauhan, Dr. P Kavita, Shekhar Goswami, Niharika Khurana and Rahul Gupta played important role as members of the organizing team. Dr. Pramod Kumar Singh offered a vote of thanks to Dr. Roy, Venkateshwar Hospital and all the participants.

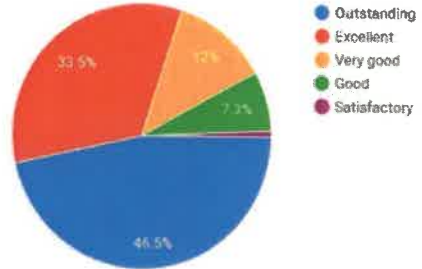
How do you rate the lecture delivered by the Speaker - Dr. Anupam Roy? (आपकी प्रतिक्रिया मुख्य वक्ता डॉक्टर अनुपम रॉय द्वारा दिए गए व्याख्यान के सन्दर्भ में है?)

275 responses



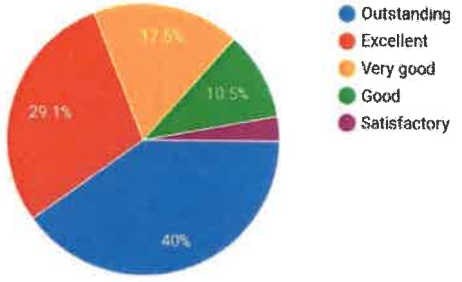
How relevant was the theme/topic of the National Webinar on KNOW YOUR KIDNEYS? (राष्ट्रीय वेबिनार हेतु चयनित "गुर्दे को जानने" विषय कितना प्रासंगिक था?)

275 responses



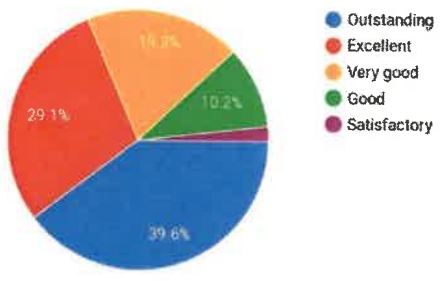
How were your queries answered by the speaker? (वक्ता द्वारा प्रतिभागियों के प्रश्नों के दिए गए उत्तर के सन्दर्भ में आपकी प्रतिक्रिया है?)

275 responses



How was your experience with the support of the organizing committee? (आयोजन समिति के द्वारा प्रदत्त सहयोग के सन्दर्भ में आपका अनुभव कैसा रहा?)

275 responses



As always our health related webinars are organized to create awareness among the masses that join our webinar from far and wide. In the webinars are encouraged to ask their questions to which our guest speakers reply suitably. Our objective is certainly not to give treatment tips online and accordingly all the specific questions requiring major diagnostic issues or medication are politely declined.

Link to the webinar on Zoom platform:

<https://us06web.zoom.us/j/83607742033?pwd=ZS9xMDBldWZSenowSTNiczRqTCs5Zz09>

Email Address	Full name of the Participant (प्रतिभागी का पूरा नाम)	Designation (पद)	Department & Institution Name (विभाग और संस्थान का नाम)
pramodsingh.du@gmail.com	Dr. Pramod Kumar Singh	Assistant Professor	Department of Sanskrit, Maitreyi College (University of Delhi)
yadvshrishtisingh@gmail.com	SHRISHTI SINGH YADAV	Student	MAITREYI COLLEGE, UNIVERSITY OF DELHI
archanashukla08082000@gmail.com	Archana Shukla	Student	Jagat taran girl's degree college
shristi1902@gmail.com	Shristi Chakraborty	Student	Political science department, Maitreyi College, Delhi University
kapoor_aakanksha@yahoo.com	Ruby thomas	Nurse	Health & Hygiene Committee, Maitreyi College, University of Delhi
sharmakansha.13@gmail.com	Akanksha Sharma	Student	Maitreyi college
deepali567yadav@gmail.com	Deepali Yadav	Student	Bhu
dppbhu@gmail.com	Divya Prakash Pathak	Student	Jawaharlal Nehru University
rinki10121@gmail.com	Rinki	Student	Maitreyi College
ashitasingh1905@gmail.com	Ashita singh	Student	Maitreyi College
milanyadav7574@gmail.com	Mahak Yadav	Student	Maitreyi college (University of Delhi)
prakashchander694@gmail.com	Chander Prakash	Student	Motilal Nehru College-Day
privanshcharan@gmail.com	Privanshi	Student	Maitreyi college
nagpalaaditi1@gmail.com	Miss. Aditi Nagpal	Student	Maitreyi College
diyasehrawat03@gmail.com	Diya Sehrawat	Student	English honours Maitreyi college
sandeepsy363@gmail.com	Sandeep Yadav	Student	vbspu
rsatija@maitreyi.du.ac.in	Ramesh Kumari	Professor	Chemistry Department, Maitreyi College
aroraniharikab.ed@gmail.com	Ms. NIHARIKA ARORA	Student	Food & Nutrition,

			Institute of Home Economics
neha2701sharma@gmail.com	Neha Sharma	Student	Maitreyi College Teaching Centre- 327
yashikagupta8498@gmail.com	Ms.Yashika Gupta	Student	Maitreyi College University Of Delhi
shamuraidayabati@gmail.com	Dr Shamurailatpam Dayabati Devi	Assistant Professor	Department of Anthropology, Kakching Khunou College
nchauhan@maitreyi.du.ac.in	Nirmala Chauhan	Associate Professor	Commerce Maitreyi College DU
kishikarishi@gmail.com	Kishika rishi	Student	Maitreyi college
			JAMIA MILLIA ISLAMIA, DEPARTMENT OF URDU, JAMIA NAGAR, OKHLA, NEW DELHI - 110025
bilaljameel999@gmail.com	MOHD BILAL	Student	
prempalpriyanka@gmail.com	Priyanka	Student	Maitreyi collage
janvichawla2003@gmail.com	JANVI CHAWLA	Student	Maitreyi College University Of Delhi
muskan2906anjum@gmail.com	Muskan Anjum	Student	Maitreyi Teaching Centre
mehaksehrawat22@gmail.com	Mehak Sehrawat	Student	Delhi University, Maitreyi College
yadavchehak4@gmail.com	CHEHAK YADAV	Student	Maitreyi college
			Govt.Degree.College For Women Srikalahasti
bujjiyadla91@gmail.com	BUJJI YADLA	Assistant Professor	
upasnameena546@gmail.com	Upasna	Student	Maitreyi college
sambhajibhosale212@gmail.com	प्रा.डॉ. संभाजी मारुती भोसले	Associate Professor	Ichalkaranji Shikahnshttra Mahavidylya Ichalkaranji,Shahapur
yashicanijhawan@gmail.com	Yashica Nijhawan	Student	Bcom - Maitreyi college
sonu.mishrabrb125@gmail.com	Sonu Kumar Journalist(CEO)	Editor-In-Chief/Crime Bureau	IYC NEWS NETWORK- AGENCY,Patna(Bihar)
drmanish.2rao@gmail.com	Manish Rao Ambedkar	Assistant Professor	Chemistry
1731naiyachauhan@gmail.com	Mrs.Naiya Chauhan	Student	Department of Life Sciences & Maitreyi College University of Delhi
bsarswat402@gmail.com	Balakram sarswat	Assistant Professor	National Sanskrit University. jyotish department
vimaleshkumarthakur@gmail.com	VIMALESH KUMAR THAKUR	Assistant Professor	NCWEB
eshamalhotra72@gmail.com	Esha Malhotra	Student	Maitreyi College
kiran732001@gmail.com	Kiran kumari	Student	Maitreyi college
kajalwaliya2000@gmail.com	KAJAL WALIYA	Student	RAMJAS COLLEGE

aradhanasahoo480@gmail.com	Aradhana Sahoo	Student	Maitreyi College
raam565@gmail.com	Miss Ritika prajapati	Student	Bharati college Delhi University
bhavikanagpal6122@gmail.com	BHAVIKA NAGPAL	Student	Maitreyi College
lenboikhongsai561@gmail.com	LHUNMINLIEN KHONGSAI	Assistant Professor	Department of Thadou-Kuki Moreh College Moreh Manipur
ashishkashyapa1998@gmail.com	Ashish kashyap	Student	Dr.B.R Ambedkar center for Biomedical Research, University of Delhi
khushiprajapati651@gmail.com	Khushi Prajapati	Student	Zoology department, Maitreyi College
saurabh0807h@gmail.com	Saurabh Singh	Student	Ganpat sahai pg college,sultanpur
rishabhkesari0078@gmail.com	Rishabh kesari	Student	United Institute of Management
vaishnavirajagopalan3@gmail.com	Vaishnavi Rajagopalan	Student	Zoology Department, Maitreyi College
pkverma@maitreyi.du.ac.in	Dr. P. Kavita	Assistant Professor	Department of Botany, Maitreyi college
preeti1217192000@gmail.com	Preeti	Student	DABRI EXTENSION. Maitreyi college for women
swetaupadhyay04@gmail.com	Sweta upadhyay	Student	Maitreyi college
manasvisingh389@gmail.com	Manasvi singh	Student	Maitreyi collage
manishalove9319@gmail.com	Manisha	Student	Maitreyi collage
dixitlaxmi488@gmail.com	Laxmi Dixit	Student	Maitreyi college
rajputnehasingh06@gmail.com	Neha Singh	Student	Maitreyi College Ncweb.
deepalitanwar7@gmail.com	Deepali	Student	Ncweb maitreyi
rozinakhatun.rk123@gmail.com	Rozina khatun	Student	University of Delhi Maitreyi College
priyanka1892003@gmail.com	Priyanka Biswas	Student	Maitreyi College University of Delhi
ajaykbr.16@gmail.com	AJAY KUMAR	PGT	Directorate of Education Delhi
tkpathakrbs@gmail.com	Dr. Tarun Kant Pathak	Assistant Professor	Chemistry, Raja Balwant Singh College, Agra
manisha859587@gmail.com	Manisha Kumari	Student	Know your kidneys
muskanriza956@gmail.com	Muskan	Student	Political science honour & Maitreyi college
choudharynisha771@gmail.com	Nisha choudhary	Student	Maitreyi college
poornimachandel24@gmail.com	Ms. Poornima	Student	Maitreyi College Teaching Center, University of Delhi
nazmakhat720@gmail.com	Nazma khatoon	Student	Maitreyi college
rupasona442@gmail.com	Muskan	Student	Maitreyi college
sksk969517@gmail.com	Mr. Sudhir Kumar	Student	University of Allahabad

gargpalak388@gmail.com	Palak	Student	Maitreyi college
jagritiudiniya@gmail.com	JAGRITI UDINIYA	Student	Maitreyi college
archanaatrish@gmail.com	Archana	House wife	No
kumkumgaur02@gmail.com	miss kumkum gaur	Student	sanskrit
singhrenu103@gmail.com	Renu	Librarian	SGTB girl sr sec school
dr.heniman1551@gmail.com	Dr.Arun Kumar Acharya	Assistant Professor	Sanskrit Dipartment, MJD GOVERNMENT PG COLLEGE, TARANAGAR DISTRICT CHURU, RAJASTHAN
komal13dec2000@gmail.com	Komal Sharma	Student	Mba in hospital administration
pratimasingh2102@gmail.com	Pratima Singh	Student	Maitreyi college
geetaraikwar755@gmail.com	Ms. Geeta	Student	Maitreyi College
pradeepyadav8800@gmail.com	Pradeep Yadav	Junior Assistant	Department of Commerce, University of Delhi
chetnasharm17june@gmail.com	Chetna sharma	Student	Maitreyi teaching centre
piyataneja29@gmail.com	Miss Priyanshi Taneja	Student	Maitreyi College
janvithakure200@gmail.com	Janvi	Student	Kalindi college
monachy012@gmail.com	Mona Kumari	Student	Maitreyi college
batta25@gmail.com	Ms ANU BATTA	English Teacher	Punjab School Education Department
sharmachetna1903@gmail.com	Chetna Sharma	Student	Bcom (matreyi college)
himanshirautela2004@gmail.com	Himanshi	Student	B.com program
ruchikumari10042002@gmail.com	Ruchi Kumari	Student	Ruchi Kumari
sm2453684@gmail.com	Miss .Muskan sharma	Student	Maitreyi College
savikumarisk12@gmail.com	Sapna	Student	Maitrey college
nargismansuri407@gmail.com	Nargis	Student	Maitreyi collage
soniyabaghel1001@gmail.com	Soniya	Student	Delhi University Maitreyi college
leorama3@yahoo.co.in	Rama Venkiteswaran	Student	Sanskrit Bharathi New Delhi
srichukkala@gmail.com	Mrs.Sri lakshmi vangara	Lecturer	Department of Zoology, Government Degree College, Srikalahasti, Andhra Pradesh.
satwasheelabhosale30@gmail.com	Sou .Satwasheela Sambhaji Bhosale	TGT	Shahapur Highschool Shahaspiur, Ichalkalraji
drpraveenkumari1973@gmail.com	Dr. Praveen Kumari	Ex. Research Scholar	Sanskrit, Agra College, Agra
tirukalva@gmail.com	Tirukalva Sailaja	Assistant Professor	Govt. degree College(w), Srikalahasti

pjuneja@maitreyi.du.ac.in	DR POONAM JUNEJA	Associate Professor	PHYSICS DEPARTMENT, MAITREYI COLLEGE, UNIVERSITY OF DELHI
rajalakshmim263@gmail.com	Rajalakshmi.M	Research Scholar	Biotechnology, Vel Tech Rangarajan Dr sagunthala R and D Institute of science and technology, Avadi.
aanchal13112000@gmail.com	Aanchal	Student	Maitreyi university
Alishahussain630@gmail.com	Alisha hussain	Student	Maitrye college
rekhanirmale2107@gmail.com	NIRMALE REKHA LAXMAN	Assistant Professor	COLLEGE OF EDUCATION PETHVADGAON
yashika03dayr@gmail.com	Miss.Yashika Sharma	Student	Zoology Department, Maitreyi College
anilkumarsingh285@gmail.com	Dr Anil Kumar Singh	Assistant Professor	SOCIOLOGY, Maryada Purushottam P G College Bhudsuri Ratanpura Mau.UP
riyasegar2000@gmail.com	Riya	Student	Maitreyi College
rakhi997183@gmail.com	Rakhi kumari	Student	Venkateswar hospital
bhumikagera69@gmail.com	Bhumika Gera	Student	MAITREYI COLLEGE
Somyasingh2802@gmail.com	Somya	Student	Maitreyi College
crishu306@gmail.com	Rishu	Student	Maitreyi college
himanshibisht05122002@gmail.com	Himanshi bisht	Student	Maiteryi college (university of Delhi)
jyoti198656@gmail.com	Jyoti	Student	Academic department & Maitreyi college
bhavyaparjapati6@gmail.com	Bhavya	Student	Know your kidneys
niharikakhurana99@gmail.com	Ms. Niharika Khurana	Student	Department of Sanskrit, Maitreyi College, University of Delhi
kesarijyoti7@gmail.com	Jyoti kesari	Student	Maitreyi
arorarinky20092003@gmail.com	Miss Rinky Arora	Student	Maitreyi collage
seemasingh.du@gmail.com	Seema Singh	Student	Sanskrit department (Delhi University)
abhinavpathaktkp@gmail.com	Master Abhinav Pathak	Student	Air Force School, Agra
pp433360@gmail.com	Pooja kumari	Student	Maitrey college
rinkishukla518@gmail.com	Rinky	Student	Kalindi college
shahnaz30jan2001@gmail.com	Shahnaz	Student	Venkateshwar hospital
singh08.prachi@gmail.com	Prachi singh	Student	Maitreyi college
rajnikumari7621@gmail.com	Rajni Kumari	Student	Maitreyi collage
nidhisingh.sanskrit@gmail.com	NIDHI SINGH	Student	sanskrit Department & kirori Mal college

kavitasahay6@gmail.com	Ms. Kavita prajapati	Student	Rambachan singh rajkiy mahila Mahavidyalaya bagli pujara mau
vj408176@gmail.com	Varsha joshi	Student	Kalindi college teaching centre
shwetasharma9818116505@gmail.com	Shweta	Student	Know your kidneys
dr.sureshpandey111@gmail.com	Dr. suresh pandey	Assistant Professor	Central Sanskrit University g n Jha Campus Prayagraj
mevalalyadav550@gmail.com	Dr.Mevalal Yadav	Assistant Professor	Government Degree College ,Sangipur ,Pratapgarh ,Uttar Pradesh
praveenzakiya63@gmail.com	Zakiya	Student	Maitreyi college
khushituteja3009@gmail.com	Khushi Tuteja	Student	Kalindi College
gpaditi2003@gmail.com	Aditi	Student	MAITREYI COLLEGE DU
mk4063409@gmail.com	Muskan	Student	Maitreyi College
yriya419@gmail.com	Riya Yadav	Student	Maitreyi College
laxmiydv511@gmail.com	Laxmi	Student	Zoology Department & Maitreyi college
varshneydivya358@gmail.com	Ms. Divya	Student	maitreyi college
shuklaashish5669@gmail.com	Mr. Ashish shukla	Student	Shree Ram Sanskrit Veda Vidyalay Katni Madhya Pradesh
amitaprajapati909@gmail.com	Amita	Student	Maitreyi college teaching centre
swatikothari2002@gmail.com	Swati Kothari	Student	Maitery college Delhi
thekunti290702@gmail.com	Miss Kunti	Student	Maitreyi College (Delhi University NCWEB)
mevalalyadav550@gmail.com	Dr.Mevalal Yadav	Assistant Professor	Government Degree College Sangipur, Pratapgarh, Uttar Pradesh
gpjanvi2003@gmail.com	Janvi	Student	Maitreyi College DU
kishorparvesh@gmail.com	Mr.Parvesh	Student	DESHBANDHU COLLEGE, DELHI UNIVERSITY
ns08861@gmail.com	Nikita singh	Student	MAITREYI COLLEGE
uvikavasudev@yahoo.com	Ms. Uvika Vasudev	Student	Satyam Fashion Institute Noida
swati090303@gmail.com	Swati Mishra	Student	Maitreyi College, Delhi University
pradipsingh.au@gmail.com	PRADIP KUMAR SINGH	PRT	UP Basic education Deptt.,PS Nai
Simrankumar5584@gmail.com	Simran	Student	Maitreyi College
khushipanwar216@gmail.com	Ms. Khushi panwar	Student	Maitreyi college
ajay.yadav836@gmail.com	Ajay Kumar	PRT	Pt.m.m.Gsbv brahmpuri Delhi-53
pushpasingh2442@gmail.com	Pushpa	Librarian	Directrate of education

aachalnaktode1517@gmail.com	AACHAL PUNDLIK NAKTODE	Student	N h clg bpuri
gun10478@gmail.com	Gunjan	Student	Maitreyi college
alishadelhi2021@gmail.com	Alisha	Student	Maitreyi college
kumkumsagar20032003@gmail.com	Kumkum	Student	Maitreyi college
sarkarsamuel23@gmail.com	MR. SAMUEL SARKAR	Student	DEPARTMENT OF PARAMEDICAL SCIENCE, SISTER NIVEDITA UNIVERSITY
renuchopra9999@gmail.com	RENU	Student	Department of psychology
chiragrathour003@gmail.com	Chirag	Student	Zoology department, maitreyi college
smritisin17@gmail.com	Smriti singh Rathore	Student	Zoology and Maitreyi College DU
deepshikhasharma665@gmail.com	Deepshikha	Student	Ba programme maitreyi college
mehrasanjana91@gmail.com	Himanshi	Student	Nice
mishrashweta242003@gmail.com	Shweta	Student	Maitreyi college
deepugp1@gmail.com	Er Deepu G P	Associate Professor	Dept of Electronics, Sree Ayyappa College (TDB), Chengannur
bhawnapandey1881@gmail.com	Mrs. Bhawna Pandey.	Student	Maitreyi College
chavriyachandni@gmail.com	Chandni	Student	Maitrey college
sunilkumarthakur708@gmail.com	Miss. Neha	Student	Maitreyi college.
shanky121106@gmail.com	Mr. Savit Dabral	Student	Air Force Golden Jubilee Institute
nnegi6022@gmail.com	Nisha Nagarkoti	Student	Maitreyi College
riyasharma4569132a@gmail.com	Riya Sharma	Student	B.A Pol. SC. Hons.
pv69258@gmail.com	Simran varma	Student	Maitrey college
Tanugupu2002@gmail.com	TANU KUMARI	Student	Maitreyi college
anshikaverma0104@gmail.com	Anshika verma	Student	Maitreyi college
sabaripillai@gmail.com	Er Sabarinath G	Assistant Professor	Dept of Electronics and Communication Engg, St Joseph's College of Engg and Technology, Palai
salemsureshmail@gmail.com	R.Suresh.,MSc.,MLIS.,MPhil.,BPEd.,PGDY.,	Yoga Instructor	Salem TN KENDRIYA VIDYALAYA SECTOR - 8 ROHINI
pratishtha.4406@kvsrodelhi.in	Pratishtha Singh	Student	
saifisajwani@gmail.com	Sajwani	Student	Maitreyi collage
parveen7136@gmail.com	Parveen Kumar	Office	No
muskansingh1710@gamil.com	Muskan	Student	Maitrey college
sharmaapeksha1183@gmail.com	Dr Apeksha Tiwari	Assistant Professor	Km Mayawati Government Girls PG

			College Badalpur Gatum Buddh Nagar
vgoel@maitreyi.du.ac.in	Dr. Versha Goel	Associate Professor	Department of Zoology, University of Delhi
sm0560716@gmail.com	Shalu	Student	Maitreyi college
pp3477254@gmail.com	Pooja Kumari	Student	Maitreyi college
chaithuanil011@gmail.com	Chaithanya S Prasad	Student	All saint's college.
shipragupta22194@gmail.com	Shivani gupta	Student	BHU
pranjaleerajpoot@gmail.com	PRANJALEE RAJPOOT	Student	B.Sc Home science (H) & Lady Irwin college
nehalchongtham0102@gmail.com	Dr.Khomdram Shyamasakhi Devi	Assistant Professor	Department of Economics of Kakching khunou College
shumansingh9032@gmail.com	Aaditya Pratap Singh	Student	Lions School
rishabhbaISOya271999@gmail.com	Rishabh	Student	Kirori Mal College , University of Delhi
ahanasahacrj@gmail.com	Ahana Saha	Student	Bsc.Zoology (H) , Maitreyi College
sonamji82261@gmail.com	Sonam	Student	Maitreyi College
rinkichauhan081@gmail.com	Rinki	Student	Maitreyi college
ritikasingh87b@gmail.com	Ritika Singh	Student	Maitreyi
niku20358@gmail.com	Nikita	Student	Maithry college
ankitaverma4892@gmail.com	Ankita	Student	Mehytri college
aartity.62@gmail.com	Aarti tyagi	Student	maitreyi college
rishubaisoya1111@gmail.com	Rishu	Student	Hansraj College , University of Delhi
shekhar562009@gmail.com	Shekhar	TGT	GBSS SU BLOCK Pitampura
aartirai7873@gmail.com	Aarti	Student	Maitreyi
keshav1601@gmail.com	Keshav Soni	Student	University of Delhi
muskan15963@gmail.com	Muskan	Student	Prachi
nm6587880@gmail.com	Nidhi Mishra	Student	M C
snehatripathi182004@gmail.com	Sneha tripathi	Student	Maitreyi college
sudiptakaran.sanskrit@gmail.com	SUDIPTA KUMAR KARAN	State Aided College Teacher	Sanskrit, BAJKUL MILANI MAHAVIDYALAYA
mr1916347@gmail.com	Manisha rawat	Student	Maitrey college
ahmedabram764@gmail.com	Sana praveen	Student	Maitreyi collage
disharajoria331@gmail.com	Disha Rajouriya	Student	Venketashwar hospital, Dwarka Delhi
vineethaentomology@gmail.com	Dr.A.Vineetha	Assistant Professor	Zoology, Maitreyi college
nitubahuguna9@gmail.com	Ms.Nitu Bahuguna	Student	MAITREYI COLLEGE
ms.deepalimehra@gmail.com	Deepali mehra	Student	Maitreyi College
boddanisowmya369@gmail.com	Boddani sowmya	Student	Science Andhra Mahila Sabha Arts

			and Science College for Women
mayuribahuguna110@gmail.com	Mayuri Bahuguna	Student	Maitreyi College, DU
akashyadav10052001@gmail.com	Mr AAKASH YADAV	Librarian	Department of education
sandhyagupta110064@gmail.com	Sandhya gupta	Student	Maiteryi college
240bhoomis2901@gmail.com	Bhoomi	Student	Bsc(hons) Zoology, Maitreyi college for women
vsony769@gmail.com	Archana Kumari	Student	Banaras Hindu University
chanchalpawar110062@gmail.com	Ms CHANCHAL	Student	Sanskrit Hons & Kamala Nehru College
tashisingh448@gmail.com	Ms. Aditi	Student	Kalindi College Bcom
salemdevipriya@gmail.com	R.S.Devipriya	Student	Vysya College salem
ojhaanirudh.du@gmail.com	Dr. Anirudh Ojha	Assistant Professor	Department of Sanskrit, Maitreyi Cllege
rekhakumari2004@gmail.com	Dr. Rekha Kumari	Assistant Professor	Sanskrit, Maitreyi college, D. U.
prabhavatikonda.psk@gmail.com	MISS PRABHAVATI SHIVRAM KONDA	Special Educator	Sodawala Lane Special School Mumbai
anjalimalik1097@gmail.com	Anjali Rani	Student	Maitreyi teaching center
zehrulhan02@gmail.com	Mrs. Zahara batool saqi	Student	Maitreyi College University Of Delhi
chaetllmagade@gmail.com	Chaital D. Magade	Industry	PVPPCOE
muskanparveen9268@gmail.com	Muskan paveen	Student	Maitreyi college
somyas.1612@gmail.com	SOMYA	Student	Zoology department ; Maitreyi College
bhipashagora16@gmail.com	Bhipasha	Student	Maitreyi college
poojarao6520@gmail.com	Pooja Yadav	Student	Maiteryi collage
jyoti9582tiwari@gmail.com	Jyoti Tiwari	Student	Maitreyi College, Teaching center, University of Delhi
itsrachnamishra@gmail.com	Rachna mishra	Student	Know your kidneys
yadvavishnu671@gmail.com	Vishnu Yadav	Student	IGNOU
bidisha1552002@gmail.com	Bidisha kumari	Student	Satyam fashion institute nodia
akansha6921@gmail.com	Akansha	Student	Maitreyi college
Dsaloni28@gmail.com	Ms.Saloni dubey	Student	BCOM AND Maitreyi college
anjanikumari7646@gmail.com	Anjani kumari	Student	Maitreyi collage
rajkishorrajkishor573@gmail.com	Rajkishor	Student	P.g college
mvmkrishna8@gmail.com	M Muralikrishna	Student	House
Aditipal811@gmail.com	Aditi pal	Student	Maitrayi college
drmsudeshna5@gmail.com	Dr.Mavillapati Sudeshna	Assistant Professor	Govt degree &pg college, Srialahasti

vanshita.ahuja2001@gmail.com	Vanshita Ahuja	Student	Maitreyi College
prutipandey721094@gmail.com	Preeti Pandey	Student	Sanskrit Department, Kirorimal College
chetanayadav65@gmail.com	Mrs. Chetana Yadav	PGT	Education & GGIC Ayodhya
Ks3128959@gmail.com	Kalpana	Student	Maitreyi college (political science department)
Aditidubey315@gmail.com	Mrs aditi kumari	Student	MAITREYI COLLAGE
Bhandarisaksham700@gmail.com	Saksham Bhandari	Research Scholar	Sanskrit Literature Mpsvujain
mohiniy286@gmail.com	Mohini	Student	Matri college
dikshatiwari72900@gmail.com	Ms. Diksha Tiwari	Student	Kalindi College Teaching Centre
py739636@gmail.com	Priyanka	Student	Maitreyi Teaching And Learning Center
mahatimanupati2011@gmail.com	DRRARUNADEVI	Guestlect urer	ASD.WOMENS Degree College Kakinada
thakranarchana11@gmail.com	Mrs.Archana	House wife	Delhi
yashikahiwatari@gmail.com	Yashika nirwal	Student	Maitreyi college
mehtanilbt@gmail.com	Anil Mehta	TGT	Government High School Sawani
khanchanda257@gmail.com	Chanda khatun	Student	Dwarka sector -1
khanchanda257@gmail.com	Chanda Khatun	Student	Arts
mehakthapliyal09@gmail.com	Miss.Mehak thapliyal	Student	Maitreyi college
neetu09599@gmail.com	Neetu	Student	Maitreyi college
sanwariadeepali@gmail.com	Ms. Deepali Sanwaria	Student	Maitreyi College, DU
kirtibasista@gmail.com	Ms.Kirti Basista	Student	Maitreyi Teaching centre
sg690164@gmail.com	Miss Sonali Gupta	Student	Maitreyi college
Nancychopra7890@gmail.com	Nancy chopra	Student	Maitriye college
hemlata494meena@gmail.com	HEMLATA	Student	Bs.c Life science
jhalakkhanduja5627@gmail.com	Jhalak	Student	Maitreyi college
chhaya200320@gmail.com	Chhaya	Student	Maitreyi College
wadhwatanvi555@gmail.com	TANVI WADHWA	Student	Maitreyi college
manishsattavan225@gmail.com	Manish Sattavan	Student	Maharaja Agrasen College University of Delhi & Department of mathematical sciences
ishika17082001@gmail.com	Ishika	Student	Bcom&Maiteryi college
tarjindrakaur@gmail.com	Tarjindra kaur	Student	Maitreyi college
laljee.rammeena@bcas.du.ac.in	Dr. Laljee Ram Meena	Assistant Professor	Department of Zoology, Bhaskaracharya College of Applied Sciences, University of Delhi.

Vuppalapatikanchanamala@gmail.com	Dr.Vuppalapati kanchana mala	Assistant Professor	Govt Degree college kovvur
anjanakumari6387@gmail.com	Anjana	Student	None
venkatalakshmibilla83@gmail.com	Mrs BILLA VENKATA LAKSHMI	JUNIOR LECTURE R IN CIVICS	CIVICS
priyarawatkb@gmail.com	Priya Rawat	Student	Maitreyi collage
mannujhanvi@gmail.com	Mrs mansi	Student	Maitreyi College
aaradhna1436@gamil.com	Aaradhna	Student	Maitreyi college
aasifmd8118@gmail.com	Mehjabi	Student	Maitreyi collage
maliksahista9990@gmail.com	SAHISTA	Student	Maitreyi college university of Delhi.
anjalimeena4321@gmail.com	Anjali Meena	Student	Institutions Maitreyi college

Submitted by

Dr. Prachi Bagla Prachi Bagla
 Convener. H&H Committee

H & H Committee Activities 2022-23

1 COVID-19 vaccination Camp

Level: College

Date: 13th September 2022

Organized by: H & H C and Enabling Unit

Convener: Dr. Prachi Bagla

Participants: 262

Health and Hygiene Committee organized a college level COVID-19 vaccination camp courtesy Immunization Cell, IDGH, New Delhi District on 13th of September 2022. The camp was organised in the video conferencing room in the college library from 10:30 AM to 3 PM.

The following vaccines were available at the vaccination site:-

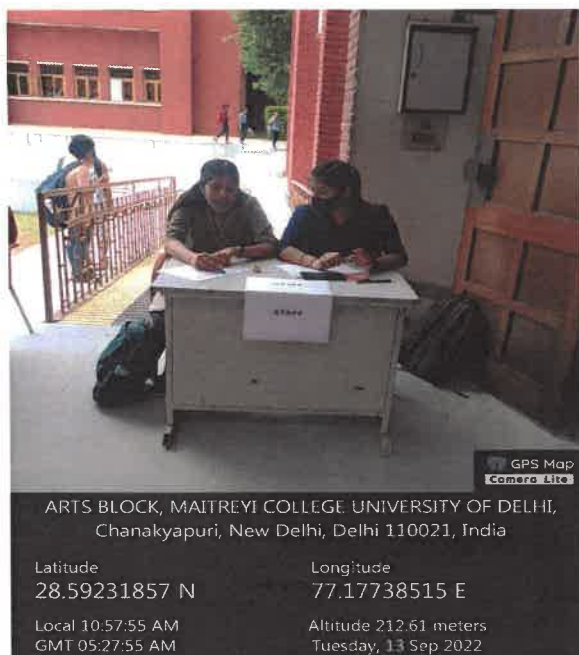
1. COVISHIELD - 2nd and Precaution dose
2. Covaxin- 1st, 2nd, and precaution dose.

There were 2 technical staff, 2 male nurses and a doctor to handle the camp.

College doctor Dr. Suchdev and staff nurse Ms Ruby Thomas remained present to supervise and to make sure that covid appropriate protocol was being followed by the staff as well as by the participants.

The vaccination camp was carried out successfully. A total of 262 beneficiaries got vaccinated consisting of 57 staff members, 183 students and 22 friends and relatives of the staff. All those who received vaccine were made to rest to make sure that no one complained

of any reactions after the vaccination

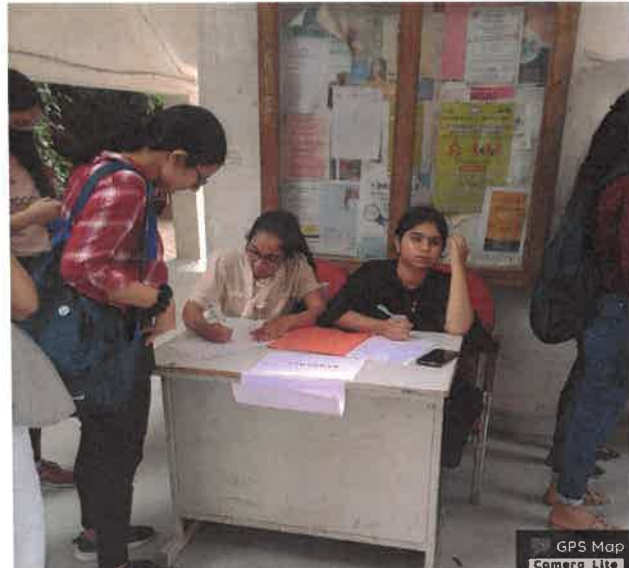




ARTS BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI,
Chanakyapuri, New Delhi, Delhi 110021, India

Latitude 28.59232545 N Longitude 77.17736504 E

Local 10:56:21 AM Altitude 210.59 meters
GMT 05:26:21 AM Tuesday, 13 Sep 2022



ARTS BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI,
Chanakyapuri, New Delhi, Delhi 110021, India

Latitude 28.59231882 N Longitude 77.17738631 E

Local 10:57:41 AM Altitude 212.59 meters
GMT 05:27:41 AM Tuesday, 13 Sep 2022



ARTS BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI,
Chanakyapuri, New Delhi, Delhi 110021, India

Latitude 28.59230632 N Longitude 77.1773961 E

Local 11:07:29 AM Altitude 219.3 meters
GMT 05:37:29 AM Tuesday, 13 Sep 2022



ARTS BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI,
Chanakyapuri, New Delhi, Delhi 110021, India

Latitude 28.5923856 N Longitude 77.1775643 E

Local 10:59:15 AM Altitude 185.4 meters
GMT 05:29:15 AM Tuesday, 13 Sep 2022

Significance of the event: COVID-19 vaccine is a major step towards reducing the spread of the pandemic and further reducing the related diseases and deaths. The aim of this vaccination camp had been to make vaccine available to all the stakeholders in the college free of charge at convenient and help our society to prevent and reduce the further spread of COVID-19.

Report made by

Mansi
B.Com (H)
Committee)
Intern

Prachi Bagla
(Dr, Prachi Bagla)
Convener: H & H

ATTENDENCE FOR STUDENT

NAME	COURSE	DOSE	ROLL No	PHONE NO	E-MAIL ID	SIGNATURE
Rishu	BCom, 3 rd sem	Precaution (Covaxin)	2021/569		rishu306@gmail.com	<u>Rishu</u>
Akanksha	BCom, 3 rd Year	Booster (Covishield)	2020/610		akku99915@gmail.com	<u>Akanksha</u>
Priyanka Pant	Bcom, 3 rd Year	Booster (Covishield)	2020/264		priyankapant54@gmail.com	<u>Priyanka</u>
Anjali Raj	BSC (Life Science), 3 rd Year	Booster (Covishield)	2020/1904		anjali'raj'singh344@gmail.com	<u>Anjali</u>
Neha Yadav	BSC (Maths Hon) 2 nd Year	2 nd (Covaxin) (Covishield)	2021/1925		yneha6121@gmail.com	<u>Neha</u>
AKshita Singh	Maths (H), 2 nd Year	Booster (Covishield)	2021/ 1237		honey.akshita@gmail.com	<u>Akshita</u>
Nivedita Pawar	Maths (H), 2 nd Year	Booster (Covishield)	2021/ 1243		nivediapawar1978@gmail.com	<u>Nivedita</u>
Vartika Yadav	Maths (H), 2 nd Year	Booster (Covaxin)	2021/ 0940		vartikayadev01@gmail.com	<u>Vartika</u>
Khushi Setia	Maths (H), 2 nd Y	Booster (Covishield)	2021/ 1211		khushisetia@gmail.com	<u>Khushi</u>
Prerna	Bcom, 3 rd Year	Booster (Covishield)	2020/ 614		pg990110@gmail.com	<u>Prerna</u>
Kumari Jyoti	Bcom, 3 rd Y	Booster (Covishield)	2020/ 1014		vyotiyedev9399@gmail.com	<u>Jyoti</u>
Sujata Yadav	BACP, 3 rd Y	Booster (Covishield)	2020/ 752		suajata08yadav@gmail.com	<u>Sujata</u>
Ritu	BACP, 3 rd Y	Booster (Covishield)	2020/ 705		season of 2022@gmail.com	<u>Ritu</u>
Mansi	BCom(H), 2 nd Y	Booster (Covishield)	2021/ 1547		mansibhaji@gmail.com	<u>Mansi</u>
Niketa	Bx Chemistry Hons, 3 rd y	Booster (Covishield)	2020/ 2252		niketabhardwaj30@gmail.com	<u>Niketa</u>

S.No	NAME	COURSE	DOSE	Roll No	PHONE NO	E-MAIL ID	SIGNATURE
1	Amanshi Tajaria	B.A Prog. (3 rd yr)	Booster Dose (CS)	108		jaworiaanshu@gmail.com	Amanshi
2	Sonia	Pol Science (H) (2 nd yr)	Booster Dose (CS)	1546		Soniamaheeta1225@gmail.com	Sonia
3	Vidhi Sharma	B.Com (P) (3 rd yr)	Booster Dose (CX)	2207		sharmavidhi1321@gmail.com	Vidhi
4	Sweta Rajak	Zoo (H) BSc. (2 nd yr)	Booster Dose (CS)	0069		rajaksweta.2002@gmail.com	Sweta Rajak
5	Parvismita Talukdar	BSc Zoo (H) (2 nd yr)	Booster Dose (CX)	0245		parvismita380@gmail.com	Parv
6	Yaiveinai Ngade D	BSc Life Science (2 nd yr)	Booster Dose (CS)	2088		yaiveinai@gmail.com	Yaiveinai
7	Mitali Garg	B.Sc Zool (H) (2 nd yr)	Booster Dose (CS)	0235		mitaligarg111@gmail.com	Mitali
8	Shrishi	B.Sc Chem (H) (3 rd yr)	Booster Dose (CX)	2813		shrishi29902@gmail.com	Shrishi
9	Pooja Bisht	B.Sc Chem (H) (3 rd yr)	Booster Dose (CS)	1967		pooja2002bish@gmail.com	Pooja
10	Richa Singh	B.Sc Chem (H) (3 rd yr)	Booster Dose (CS)	1674		richasingh97199@gmail.com	Richa Singh
11	Anshu	B.Sc Chem (H) (3 rd yr)	Booster Dose (CS)	1410		anshulohan27@gmail.com	Anshu
12	Baljeet Kaur	BA Prog. (2 nd yr)	2 nd Dose Covaxin	1045		madannrhushi2@gmail.com	BKaur
13	Jyoti	BSc Chem (H) (3 rd yr)	Booster Dose (CS)	1676		jiyoti2912002@gmail.com	Jyoti
14	Kepeti Sharma	BA (P) (3 rd yr)	Booster Dose (CS)	0311		sharmarishi1126@gmail.com	Kepeti
15	Ankita	BSc Phy (H) (3 rd yr)	Booster Dose (CX)	1653		Rumaxi ankita24754@gmail.com	Ankita
16	Mansi Bhurasiya	BA Eco (H) (2 nd yr)	Booster Dose (CS)	2345		mansi.bhurasiya@gmail.com	Mansi
17	E. Aryananda	BA Eco (H) (2 nd yr)	Booster Dose (CS)	1010		aryananda.e@gmail.com	E. Aryananda
18	Omni	BSc Life Science (2 nd yr)	Booster Dose (CS)	2046		omnipandey818@gmail.com	Omni
19	Aakarshha Thakur	BA Eco (H) (2 nd yr)	Booster Dose (CS)	1444		aakarshhathakur@gmail.com	Aakarshha
20	Apechana Kumari	BSc Botany (H) (2 nd yr)	Booster Dose (CS)	1853		archu07192003@gmail.com	Apechana
21	Deepika	B.Com (P) (3 rd yr)	Booster Dose (CX)	1900		dy6717890@gmail.com	Deepika
22	Vanshika	B.Com (H) (2 nd yr)	Booster Dose (CS)	1788		vanshikabisht1910@gmail.com	Vanshika

ATTENDANCE FOR STUDENT

Sl. No	NAME	COURSE	DOSE	ROLL No	PHONE NO	E-MAIL ID	SIGNATURE
1	Reeva	BSC (Chem) H, 3rd Y	Booster (Covishield)	2020/ 1672		reeva.chutani@gn.com	<u>Reeva</u>
2	Megha ^{Tiwari} Singh	BSC (Chem) H, 3Y	Booster (Covishield)	2020/ 2115		meghetiwari1974@gn.com	<u>Megha</u>
3	Sejal Yadav	BA (His Pol science), 3Y	Booster (Covishield)	2020/ 566		sejal.y0310@gmail.com	<u>Sejal</u>
4	Surbhi Yadav	Bcom, 3Y	Booster (Covishield)	2020/ 1922		ysurbhi86@gmail.com	<u>Surbhi</u>
5	Kajal Meena	Bcom, 3Y	Booster (Covishield)	2020/ 1922		kajalmeena735@gmail.com	<u>Kajal</u>
6	Manisha Ghudaiya	Bcom, 3Y	Booster (Covaxin)	2020/ 1901 2020/ 1392		manishaghudaiya9899@gmail.com	<u>Manisha</u>
7	Aarushi Shankar	BA Eco. (H), 3Y	Booster (Covishield)	2020/ 1577		aarushi.aas@gmail.com	<u>Aarushi</u>
8	Khushi Kumari Gupta	BSC Life science, 2Y	Booster (Covaxin)	2021/ 1696		kg1142019@gmail.com	<u>Khushi</u>
9	Mansi Gautam	BA His/Pol, 3Y	Booster (Covaxin)	2020/ 691		mansigautam21900@gmail.com	<u>Mansi</u>
10	Yashi Pandey	BA (P) Hindi + Pol, 3Y	Booster (Covishield)	2020/ 506		yashipandey2802@gmail.com	<u>Yashi</u>
11	Anushka Badoni	BSC (Life science), 3Y	Booster (Covishield)	2020/ 1787		badonianushka36@gmail.com	<u>Anushka</u>
12	Tarasha	BA (Hindi + Pol), 2Y	2nd Dose (Covaxin)	2021/ 1103		tanwarsatashka17@gmail.com	<u>Tarasha</u>

ATTENDANCE FOR STUDENT

NAME	COURSE	DOSE	ROLL No	PHONE NO	E-MAIL ID	SIGNATURE
1. Pratibha	B-Com (Prog.) 5 th	Booster (Covishield)	1364		pratibhapanchal16@gmail.com	<u>Pratibha</u>
2. Vijaya Kumari	BA (His + Pol), 3 rd	Booster (Covishield)	2024/279		vijaya25102003@gmail.com	<u>Vijaya</u>
3. Rashmi Seekhw-al	BA (His + Hindi), 2 nd	Booster (Covishield)	2024/2030		rashmisseekhwai@gmail.com	<u>Rushi</u>
Ruksana Ahmad	Bcom, 3 rd	Booster (Covishield)	2020/1896		ruksanaahmed9977@gmail.com	<u>Rushi</u>
5. Shivani Yadav	BA (Sanskrit H), 3 rd	Booster (Covishield)	2020/1270		shivaniyadav4509@gmail.com	<u>Shivani</u>
Monal Mishra	BA (Sanskrit H), 3 rd	Booster (Covishield)	1254		monalmishra781@gmail.com	<u>Monal</u>
7. Sakshi Dadheer-ch	BSC Phy. (H), 3 rd	2nd (Covishield)	2021/1607		sakshidadheerch123@gmail.com	<u>Sakshi</u>
Pranshi Mathur	Phy. (H), 3 rd	Booster (Covaxin)	843		mathur.pranshi@gmail.com	<u>Pranshi</u>
1. Rupali Bhati	BA (Pol Sci + Sam), 3 rd	Booster (Covishield)	1268		rupalibhati51@gmail.com	<u>Rupali</u>
Anjali	BA Sanskrit (H), 2 nd	2nd (Covishield)	1985		ka2287115@gmail.com	<u>Anjali</u>
1. Ruchi Kumari	BA Sanskrit (H), 2 nd	Booster (Covishield)	1363		ruchikumari10042002@gmail.com	<u>Ruchi</u>
2. Deeksha Sharma	BA Pol sci. (H), 2 nd	2nd (Covaxin)	0964		nda.roopansh@gmail.com	<u>Deeksha</u>
3. Nikita Dubey	BA Pol Science (H), 3 rd	Booster (Covaxin)	389		dubeynikita0210@gmail.com	<u>Nikita</u>

ATTENDENCE FOR STUDENT

NAME	COURSE	DOSE	ROLL No	PHONE NO	E-MAIL ID	SIGNATURE
Simrat Kaur Nanda	B Sc Phy(H) (3 rd yr)	Booster (CS)	1652		simratRaur22002@gmail.com	<i>Simrat</i>
Aarushi Verma	B Sc Life Science (2 nd yr)	Booster (CS)	1418		aarushi.verma@gmail.com	<i>Aarushi</i>
Shreya Singh	B Sc Life Science (3 rd yr)	Booster (CS)	1793		shreya.5.bebo@gmail.com	<i>Shreya</i>
Aransha	BA(P) (3 rd yr)	Booster (CS)	0284		aranshayadav408@gmail.com	<i>Aransha</i>
Mamta Rana	BA(P) (2 nd yr)	Booster (CS)	2024		babulalreaders1@gmail.com	<i>Mamta</i>
Sneha Khurana	B Com (P) (3 rd yr)	Booster (CS)	13607		khuranasneha7@gmail.com	<i>Sneha</i>
Jyoti Jha	B Sc Zoa(H) (3 rd yr)	Booster (CS)	2240		jyotijha99170@gmail.com	<i>Jyoti</i>
Mona Kumari	BA(P) (3 rd yr)	Booster (CS)	1472		monachy012@gmail.com	<i>Mona Kumari</i>
Nidhi Dabas	BA(P) (3 rd yr)	Booster (CS)	241		nidhidabas1995@gmail.com	<i>Nidhi</i>
Wevashi Sangrota	B Sc Phy(H) (3 rd yr)	Booster (Cx)	1647		wevashisangrota@gmail.com	<i>Wevashi</i>
Riya Goel	B Sc Phy(H) (3 rd yr)	Booster (CS)	1602		riyagoel03@gmail.com	<i>Riya</i>
Khushi Ramawat	BA Eng(H) (3 rd yr)	Booster (CS)	2148		30kramawat2002@gmail.com	<i>Khushi</i>
Manvi Chaudhary	BA Hindi (H) (2 nd yr)	Booster (Cx)	0051		cmansi161@gmail.com	<i>Manvi</i>
Karak Mandal	BA Hindi (H) (2 nd yr)	Booster (Cx)	554		Karakmandal30214@gmail.com	<i>Karak</i>
Muskaan Sikand	BA Pol Sci(H) (3 rd yr)	Booster (CS)	211		muskaansikand198@gmail.com	<i>Muskaan</i>
Himanshi	B Sc Life Sc (3 rd yr)	Booster (CS)	1784		himanshiiiiupadhyay@gmail.com	<i>Himanshi</i>
Renuka Hansraj	B Com (H) (2 nd yr)	Covaxin CS 2 nd dose	1750		renukahansraj18@gmail.com	<i>Renuka</i>
Shreya Yadav	BA(P) (2 nd yr)	Booster (CS)	1109		shreya.yadav.1as@gmail.com	<i>Shreya</i>
Vidhi Nain	BA(P) (2 nd yr)	Covaxin 2 nd dose	0586		vidhinain29@gmail.com	<i>Vidhi</i>

ATTENDENCE FOR STUDENT

Sl. No	NAME	COURSE	DOSE	ROLL No	PHONE NO	E-MAIL ID	SIGNATURE
1)	Kanishka	BSC Chem (H), 3Y	Booster (Covishield)	1823		KR08hli2003@ gmail.com	<u>Kanishka</u>
2)	Pinki	BSC Phy (H), 3Y	Booster (Covishield)	1499		Pinkg1345@gmail .com	<u>Pinki</u>
3)	Kashish	Bcom, 3Y	Booster (Covishield)	1487		aggarwal.kashish2013 @gmail.com	<u>Kashish</u>
4)	Deepika	BA Sanskrit (H), 2Y	Booster (Covishield)	1153		deepikachawariya80 @gmail.com	<u>Deepika</u>
5)	Mitali	BA Sanskrit (H), 2Y	Booster (Covishield)	1654		meetalikanojia2@ gmail.com	<u>Mitali</u>
6)	Sonali	BA Sanskrit (H), 2Y	Booster (Covishield)	1175		bhartisonali06@ gmail.com	<u>Sonali</u>
7)	Khushi	BA Sanskrit (H), 2Y	Booster (Covishield)	1049		khushichoudhary 00049@gmail.com	<u>Khushi</u>
8)	Preeti	BA Sanskrit (H), 2Y	Booster (Covishield)	1987		Preetinurban2703 @gmail.com	<u>Preeti</u>
9)	Muskan	Bcom, 3Y	2nd (Covishield)	2386		muskanitkaan@ gmail.com	<u>Muskan</u>
10)	Manya	BSC Life Science, 3Y	Booster (Covishield)	1782		arora.twinkle463@ gmail.com	Manya
11)	Vaishnavi	BSC Botany, 3Y	Booster (Covishield)	1879		vaishnavi.singh048 @gmail.com	<u>Vaishnavi</u>
12)	Prachi Vashisht	BSC Botany, 3Y	Booster (Covishield)	1822		Vashishtprachi1222 @gmail.com	<u>Prachi</u>
13)		BSC Botany, 3Y	2nd (Covishield)	2173		khushiydv1309@gmail .com	<u>Khushi</u>

ATTENDENCE FOR STUDENT

NAME	COURSE	DOSE	ROLL No	PHONE NO	E-MAIL ID	SIGNATURE
1 Neelam	BA (P) His+Pol (2nd yr)	Covaxin 1st dose	293		rr0460371@gmail.com	<u>Neelam</u>
2 Kumkum	BA Sanskrit (H) (3rd)	Booster (CS)	1166		kumkumgaur02@gmail.com	<u>Kumkum</u>
3 Divya Bisht	BSc Chem(H) (3rd)	Booster (CX)	1028		bishtdls03@gmail.com	<u>Divya Bisht</u>
4 Richa Aggarwal	BSc Chem(H) (3rd yr)	Booster (CX)	1670		aggarwalricha388@gmail.com	<u>Richa</u>
5 Uma Rani	BSc Chem(H) (2nd yr)	Booster (CX)	0013		umariy1772@gmail.com	<u>Uma</u>
6 Rishika Deshwal	BA (P) (3rd yr)	Booster (CS)	0547		rishikadeshwal41@gmail.com	<u>Rishika</u>
7 Yogita Sharma	BSc Phy(H) (3rd yr)	Booster (CX)	01926		yogitasharma3402@gmail.com	<u>Yogita</u>
8 Ananya	BSc Phy (H) (2nd yr)	Booster (CX)	1197		ananyabishna2918@gmail.com	<u>Ananya</u>
9 Priyanka	BSc Phy (H) (2nd yr)	Booster (CX)	1482		priyankayadav987544@gmail.com	<u>Priyanka</u>
10 Parul Yadav	BSc Phy(H) (2nd yr)	Booster (CX)	1310		pyadavparul283@gmail.com	<u>Parul Yadav</u>
11 Jeanu Mishr	BSc Phy(H) (2nd yr)	Booster (CS)	2162		jeanumishr@gmail.com	<u>Jeanu</u>
12 Sirsha	BSc Zool(H) (2nd yr)	Booster (CS)	0080		sirsha21112002@gmail.com	<u>Sirsha</u>
13 Sonal	B.Sc Bot(H) (3rd yr)	Booster (CS)	1616		sonal232222@gmail.com	<u>Sonal</u>
14 Ayushi Verma	BA(P) (2nd yr)	Booster (CX)	1691		ayushi7721@gmail.com	<u>Ayushi</u>
15 Priyanka Rexwal	BA(P) (2nd yr)	2nd dose CS	1701		rexwalpriyanka29@gmail.com	<u>Priyanka</u>
16 Kajal	BSc Physci (2nd yr)	Booster (CS)	1828		kaajal.kr07@gmail.com	<u>Kajal</u>
17 Vishwa Bharti	" (2nd yr)	Booster (CS)	2112		vishwabharti127.vb@gmail.com	<u>Vishwa</u>
18 Nidhi	" (2nd yr)	Booster (CS)	1043		nidhisingh91027@gmail.com	<u>Nidhi</u>
19 Aaditi	" (2nd yr)	Booster (CX)	831		annusaraswat2004@gmail.com	<u>Aaditi</u>
20 Kavita	BCom(H) (2nd yr)	Booster (CS)	2280		dubatKavita@gmail.com	<u>Kavita</u>
21 Rashi Sharma	BCom(H) (2nd yr)	Booster (CS)	1710		rashisharma101010@gmail.com	<u>Rashi</u>

Name	Course	Dose	Roll No.	Phone No.	E-Mail ID	SIGNATURE
1) Priyanka Dhami	BA History (H), 3Y	Booster (Covishield)	133		priyankadhami 531@gmail.com	<u>Priyanka</u>
2) Leelarai	BA History (H), 3Y	Booster (Covishield)	980		leelarai903@ gmail.com	<u>Leelarai</u>
3) Umanti Mishra	BA History (H), 3Y	Booster (Covaxin)	545		unnatim262@ gmail.com	<u>Umanti</u>
4) Shweta	BSc Zoology, 2Y	Booster (Covishield.)	004		sh892035668 6@gmail.com	<u>Shweta</u>
5) Mahima	BSc Chem (H) 2Y	Booster (Covishield)	1766		mahima21oct@ gmail.com	<u>Mahima</u>
6) Nyasha Malik	BSc Chem (H) 2Y	Booster (Covaxin)	1191		nyashomalik17 @gmail.com	<u>Nyasha</u>
Pooja Kumari	BSc Phy (H) 3Y	Booster (Cx)	757		poojayadav60@ gmail.com	<u>Pooja Kumari</u>
Hanshika Khanna	B.Com (Prog) 2Y	Booster (CS)	1523		hanshikakhanna04 @gmail.com	<u>Hanshika</u>
Aarti Kumari	B.A (Prog) 2Y	Booster (Cx)	2145		chaaartikumari 123@gmail.com	<u>Aarti Kumari</u>
Kashish Kukreja	BA (Prog) 3Y	Booster (Cx)	1455		Kashishkukreja 282@gmail.com	<u>Kashish</u>
Prakruti	BA (Prog) 3Y	Booster (CS)	216		prakruti.1k423 @gmail.com	<u>Prakruti</u>

ATTENDANCE FOR STUDENT

NAME	COURSE	DOSE	ROLL No	PHONE NO	E-MAIL ID	SIGNATURE
Juhi Rai	B.Com (H)	Booster (cx)	2286		juhira305@gmail.com	
Shreyya Datta	B.Com (H)	Booster (cx)	2338		shreyyadutta@gmail.com	
Jyoti Ambawade	BA (Hons)	2nd Dose (cs)	1979		jyotiambawade47@gmail.com	
Nisha	BA (Hons) 3Y.	Booster Dose (cs)	1860		nisha64995@gmail.com	
Shivani	BA (H) Sanskult 3Y	Booster Dose (cs)	1493 1493		shivijha810@gmail.com	
Ruchi	BA (H) Sansr. 3Y.	Booster Dose (cs)	1281		ruchishaivarathava@gmail.com	
Vanshica	B.Sc (Prog) 3Y.	Booster Dose (cs)	1869		vanshica.chaddha@gmail.com	
Mahak	B.Sc (Prog) 3Y.	Booster Dose (cs)	1072		mhk Gupta 1012@gmail.com	
Kajal	B.Com (Prog) 5Y	Booster (cs)	1040		kajalyadav2929@gmail.com	
Maulika	B.Sc (Prog) 3Y.	Booster (cx)	942		sharmamaulika.07@gmail.com	
Priya Mishra	B.Sc (Prog) 3Y	Booster (cs)	1971		priyamishra12122001@gmail.com	
Saloni	BA (H) History	Booster (cs)	985		shyajangad007@gmail.com	

ATTENDANCE FOR STUDENT

Sl. No	NAME	COURSE	DOSE	ROLL No	PHONE No	E-MAIL ID	SIGNATURE
1.	Pooja Laharwal	B.com (Prog) (III rd year)	Booster (Covishield)	2160		laharwalpooja5176@gmail.com	Pooja
2.	Gaigi Mittal	B.com (Prog) (III rd year)	Booster (Covaxin)	1363		gaigimittal2413@gmail.com	Gaigi
3.	Saloni	B.com (Prog) (III rd year)	Booster (Covishield)	609		saloniichugh@gmail.com	Saloni
4.	Tajeen Sahan	Bac Prog (II nd year)	Booster (Covaxin)	2017		tajeenjahan0@gmail.com	Tajeen
5.	Muskan Krewal	Sanskrit Hons (II nd year)	Booster (Covishield)	1151		mq480531@gmail.com	Muskan
6.	Ayoni Tiwari	Sanskrit Hons (II nd year)	II nd (Covishield)	1137		arohitwari750@gmail.com	Ayoni
	Geetika						
7.	Jyoti Yadav	Bsc (Botany) (III rd year)	3 rd (Covishield)	944		jyotiyadavk235@gmail.com	Jyoti
8.	Anshika Hans	Ba Pol Sci (Hons) (III rd year)	3 rd (Covishield)	426		gauranshika032@gmail.com	Anshika
9.	Tripti Dhyani	Ba (Hons) Pol. Science	Booster (C.S)	464		triptitushar2730@gmail.com	Tripti
10.	Shiva Raj	BSc Physics Hons	Booster (C.S)	1943		passionateshiva18@gmail.com	Shiva
11.	Anshita Sharma	BSc Physics Hons	3 rd (C.S)	1653		anshitasharma9117@gmail.com	Anshita Sharma
12.	Deepika	BSc Physics Hons	II (Covaxin)	0951		deepyadav2812@gmail.com	Deepika

ATTENDANCE FOR STUDENT

NAME	COURSE	DOSE	ROLL NO	PHONE NO	E-MAIL ID	SIGNATURE
Sneha	B.Sc (H) Chem 2Y.	Booster (CX)	2078		sneha2004kohli@gmail.com	<u>Sneha</u>
Chetak	B.Sc (H) Chem 2Y.	2nd Dose (CS)	1449		anonschetak00@gmail.com	<u>Chetak</u>
Aleena	B.Sc (H) Chem. 2Y	2nd Dose (CX)	1602		aleenashakrver8@gmail.com	<u>Aleena</u>
Anjali Payal	B.Sc (H) Chem. 2Y	Booster (CS)	1453		bhadauriyaanjali1810@gmail.com	<u>Anjali</u>
Mansi	B.A (Prog) 2Y	2nd Dose (CS)	0481		yadav payal 904@gmail.com	<u>Payal</u>
Manisha	B.Sc (H) Chem 3Y	Booster (CX)	2143		negimansi02@gmail.com	<u>Mansi</u>
Babita	B.Sc (H) Chem 3Y	Booster (CS)	1669		manishaphalswal64@gmail.com	<u>Babita</u>
Mansi	B.Sc (H) Chem 3Y.	Booster (CS)	1078		katana babita 60@gmail.com	<u>Mansi</u>
Mehsanchi	B.Com (H) 2Y	Booster (CS)	1487		mannuethidher6@gmail.com	<u>Mehsanchi</u>
Aarti Singh	B.A (Hons) Pol. Sci 2Y.	Booster (CS)	2183		mehsanchikhanna119@gmail.com	<u>Aarti Singh</u>
Hanna John	B.A (H) Pol. Sci 2Y	Booster (CS)	698		aartisingh2183@gmail.com	<u>Hanna</u>
					hannajosul@gmail.com	<u>Hanna</u>

ATTENDENCE FOR STUDENT

NAME	COURSE	DOSE	ROLL No	PHONE NO	E-MAIL ID	SIGNATURE
1) Vidhi	BCom, 3Y	Booster (Covishield)	631		vidhisoni1225@gmail.com	
2) Kajal	Bcom, 3Y	Booster (Covishield)	541		kajalsangeliya16@gmail.com	
3) Vrinda	BSc (Life Science), 3Y	Booster (Covishield)	875		Vrinda.saini1096@gmail.com	
4) Hrishita Chaudhary	BA (English (H)),					
5) Anushka Sharma	BA Pol science (H), 2Y	Booster (Covishield)	2272		anushkesharma042002@gmail.com	
6) Kanika Singh	Maths (H), 3Y	Booster (Covishield)	1863		singhkanika2502@gmail.com	
7) Amisha	BSC Physical Science, 2Y	Booster (Covishield)	1790		amishahello4@gmail.com	
8) Isha	Bcom, 3Y	Booster (Cov. shield)	2381		misskardam01@gmail.com	
9) Preeti	BA (P), 3Y	2nd (Cov. shield)	1038		kmripri_tios@gmail.com	
10) Megha Arora	Bcom (H), 2Y	Booster (Cov shield)	1636		meghaa239@gmail.com	
11) Muskan	Maths (H), 2Y	Booster (Cov. shield)	1222		muskankundu64@gmail.com	
12) Anjali	BSC Life science, 2Y	Booster (Cov shield)	1839		annjali.03@gmail.com	
13) Priya Kishnawat	BSC Phy. Science, 3Y	2nd (Cov. shield)	560		priyakeshrawatsingh@gmail.com	
14) Nandini	BA Eco (H), 3Y	Booster (Cov shield)	1928		nandini17@gmail.com	

ATTENDANCE FOR STUDENT

NAME	COURSE	DOSE	ROLL No	PHONE NO	E-MAIL ID	SIGNATURE
1 Vanshika	BSc Life Science (3 rd yr)	Booster (CS)	1319		22shavnavanshika@gmail.com	<u>Vanshika</u>
2 Somvati	BA(P) (2 nd yr)	2 nd dose (C.S)	0266		somvati ghurwar 898@gmail.com	<u>Somvati</u>
3 Muskan	BCom(H) (2 nd yr)	Booster (CS)	1851		muskan_24102003@gmail.com	<u>Muskan</u>
4 Bhvishiti Jha	BA Pol Sci (H) (2 nd yr)	Booster (CS)	1483		shvishiti2673@gmail.com	<u>Bhishiti</u>
5 Anshika Dwalia	BCom(H) (2 nd year)	Booster (CS)	1352		anshikawalia180@gmail.com	<u>Anshika</u>
6 NIKITA DHEK	BA(P) (3 rd year)	Booster (CS)	347		dheknick53@gmail.com	<u>Nikita Dhek</u>
7 Sushiti Mudgal	BSc (H) (2 nd yr) 200	Booster (CS)	2076		mudgalshvishiti24@gmail.com	<u>Sushiti</u>
8 Jyoti Yadav	BSc Life Science (2 nd)	Booster (CS)	1976		jyotiyadav1611uy@gmail.com	<u>Jyoti</u>
9 Harshita Deolal	BSc Life Sciences (2 nd)	Booster (CS)	2021		deolalhoney@gmail.com	<u>Harshita</u>


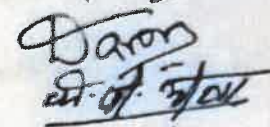

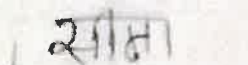


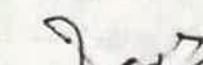

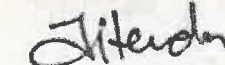







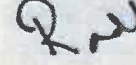
ATTENDANCE SHEET FOR OUTSIDERS

13th Sep, 2022

No.	NAME	PHONE No.	EMAIL	CONTACT IN COLLEGE	SIGN
1	Vidushi Sharma		mailto:vidushisharma@gmail.com	Ex-student	
2	Prapti Upadhyay		prapti.upadhyay@gmail.com	Ex-student	Vidushi Sharma Prapti Upadhyay
3	Sneha		snehakhatri1206@gmail.com	Staff (Non-teaching)	Sneha
4	Mrs. Vicky		snehakhatri1206@gmail.com	Staff (")	Vicky
5	Deepak Arora		deepakarora1912@gmail.com	Staff (Non-teaching)	Deepak
6	Uttam Kumar		—	Staff (Teaching)	Uttam Kumar
7	Amit Verma		amitver3.ab@gmail.com	Staffs (Non-teaching)	Amit Verma
8	Vinod Kumar		mail2pravin@gmail.com	Staff (Non-teaching)	Vinod Kumar
9	Satish Kumar		—	Staff (Non-teaching)	Satish Kumar
10	Ravindra		—	—	—
11	Bal Kishan		—	Staff (Non-teaching)	Bal Kishan
12	Jyoti Bha		jyotibha199170@gmail.com	—	—
13	Jasmeet Singh		jas-bhatia@yahoo.com	Staff (Teaching)	Jasmeet Singh
14	Aditya		adityach101@gmail.com	Sister in clg	Aditya
15	Manjul Kumar		manjul.kumar@gmail.com	Staff (Teaching)	Manjul Kumar
16	Mukesh Aggarwal		aggarwalmukesh1967@gmail.com	Daughter	Mukesh Aggarwal
17	Usha Jorwal		Ushajorwal@gmail.com	Staff (Non-teaching)	Usha

ATTENDANCE SHEET FOR STAFF

13th Sep 2022

No	NAME	DEPARTMENT	DOSE	PHONE NO	SIGNATURE
1.	Darshan Singh	Administration office	3rd Covaxin		
2.	Dr. Neelima Ohri	Mathematics	3rd Covaxin		
3.	Deepika	Admin department	3rd Covishield		
4.	Kishore Prasad Meena	Non-teaching staff	3rd Covaxin		
5.	Rajni	MI-2 (security)	3rd (Covishield)		
6.	Seema	MI-2 (security)	3rd (Covishield)		
7.	Kamiesh	Non-teaching	3rd (Covishield)		
8.	Hansraj Lakshani	Non-teaching	3rd (Covishield)		
9.	Dr. Kavita	Teaching (Botany department)	3rd (Covishield)		
10.	Sitender Sharma	Accounts department	3rd (Covishield)		
11.	Sunit Singh	Accounts department	3rd (Covishield)		
12.	Pravesh Kumar	Accounts department	3rd (Covishield)		
13.	Sangeeta Devi	Non-teaching	3rd (Covishield)		
14.	Syoti Devi	Non-teaching	3rd (Covishield)		
15.	Rinku	Physics department	3rd (Covishield)		
16.	Radhika Varna	Admin department	3rd (Covishield)		
17.	Suman Samra	Botany department	3rd (Covishield)		

ATTENDANCE SHEET FOR STAFF

13th Sep 2022

No.	NAME	DEPARTMENT	DOSE	PHONE NO	SIGNATURE
8.	Dr. Hema Bhandari	chemistry department	3rd (counsellor)		<u>Hema</u>
9.	Dr. Navika Sharma	Punjabi	1st (counsellor)		<u>Dr. Ruby</u>
20.	Ruby Thomas	Medical	3rd (counsellor)		<u>Ruby</u>
1.	Ravinder	House Keeping	3rd (counsellor)		<u>Ravinder</u>
2.	Manoj Kumar	House Keeping	3rd (counsellor)		<u>Manoj</u>
3.	Arun Kumar	House Keeping	3rd (counsellor)		<u>Arun</u>
4.	Beverndee Kumar	Non-Teaching Staff (House Keeping)	3rd (counsellor)		<u>Beverndee</u>
25.	Ravi Singh	Non-Teaching Staff (House Keeping)	3rd (counsellor)		<u>Ravi</u>
16.	Sunil	Non-Teaching Staff	3rd (counsellor)		<u>Sunil</u>
17.	Anand Lal	Non-Teaching Staff	3rd (counsellor)		<u>Anand Lal</u>
18.	Des Raj	Office	3rd (counsellor)		<u>Des Raj</u>
29.	Chaddilal	Non-Teaching (Gardener)	3rd (counsellor)		<u>Chaddilal</u>
30.	Prayanka Saini	Mathematics department	3rd (counsellor)	<u>Prayanka</u>	
31.	Ankit Sudan	Accounts department	3rd (counsellor)	<u>Ankit</u>	
32.	Aashin Saini	Office (Non-Teaching Staff)	3rd (counsellor)	<u>Aashin</u>	

15th Sep 2022

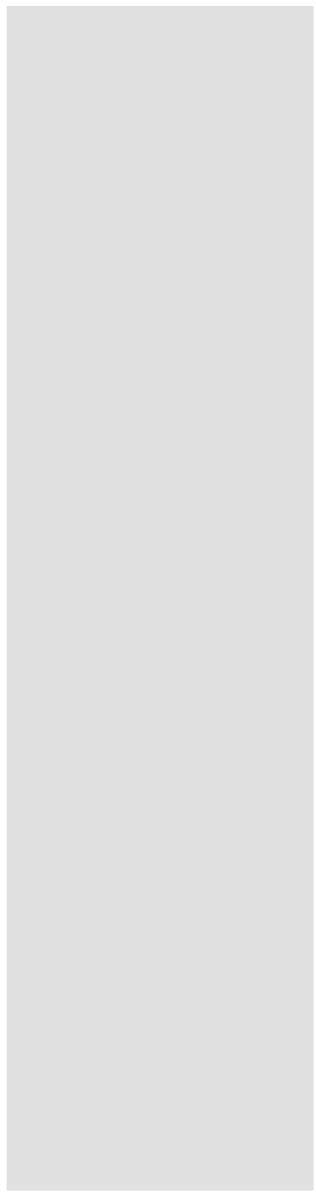

No	NAME	DEPARTMENT	DOSE	PHONE NO	SIGNATURE
3.	Dr. Jyotsna	Commerce department	3rd (Covishield)		Jyotsna
4.	Ginnun Lal	Commerce department	3rd (Covishield)		Ginnun Lal
5.	Priyanka Kumari	Canteen (Non-Teaching)	3rd (Covishield)		Arun
6.	Dr. Shilpa Bhardi	Zoology department	3rd (Covishield)		Shilpa Bhardi
7.	Dr. A. Vineet	Zoology department	3rd (Covishield)		A. Vineet
8.	Dr. Mukta Dey	History department	3rd (Covishield)		Mukta Dey
9.	Seema	Security department (Non-Tea)	3rd (Covishield)		Seema
10.	Sumit Kumar	House Keeping (Non-Tea)	3rd (Covishield)		Sumit Kumar
11.	Ansh Lata	Hindi department	3rd (Covishield)		Ansh Lata
12.	Dr. Manita Dhanwan	Hindi department	2nd (Covishield)		Manita Dhanwan
13.	Rakun	Non-Teaching	3rd (Covishield)		Rakun
14.	Arun Kumar Gupta	Non-Teaching (House-Keeping)	3rd (Covishield)		Arun
15.	Anwar	Non-Teaching (Canteen)	3rd (Covishield)		31042
16.	Dr. Sonal Babbar	Commerce Department	3rd		Sonal Babbar
17.	Rupali Ahuja	Computer Science	3rd (Covishield)		Rupali
18.	Chhaya	House keeping	3rd (Covishield)		Chhaya

SNb	NAME	DEPARTMENT	DOSE	PHONE NO	SIGNATURE
49	Dr. Rekha Kumari	Sanskrit	3rd (counsellor)		Rekha Kumari
50	Dr. Kumudra Rami Garg	Sanskrit	3rd (counsellor)		Kumudra
51	Dr. Preeti Priti Mendisatta Arora	Economics	3rd (counsellor)		Preeti
52	Dr. Anshu Aggarwal	Zoology department	3rd (counsellor)		Anshu
53	Aruna Saluja	Economics department	3rd (counsellor)		Aruna
54	Anita Yadav	Admin staff	3rd		Anita
54	Shi Ram	Non-teaching	3rd (counsellor)		Shi Ram
55	Anjam Sundar	Non-teaching (driver)	3rd (counsellor)		Anjam
56	Dr. Pramod Kumar Singh	Sanskrit department	3rd (counsellor)		Pramod
57	Vivek Babbar	Economics department	3rd (counsellor)		Vivek
58	Rajani	Non-teaching staff	3rd (counsellor)	Rajani	
59					

Preeti Singh

ATTENDING OFFICER FOR STAFF

10th Oct 2022

SNb	NAME	DEPARTMENT	DOSE	PHONE NO	SIGNATURE
58.	Kosja Cepal	P.I. Sei	<u>III</u> CS		

Health Check-up camp

29th September 2022

Venue: New auditorium, Medical room, Vice principal's room Maitreyi College

Committee: H & H Committee

Convener: Dr. Prachi Bagla

Duration: 10: 30 to 2.30 p.m,

Maitreyi College
IN COLLABORATION WITH
MAX HEALTHCARE
PRESENTS
**Free Preventive
Healthcare Checkup Camp**

Services Offered:
Blood Pressure
Blood Sugar
ECG
Eye Checkup
Dental
Bone Densitometry

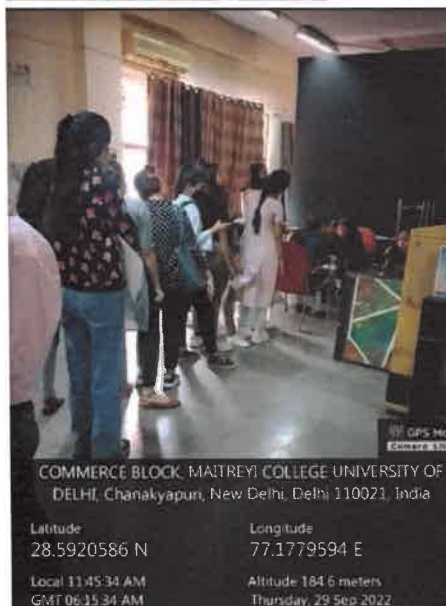
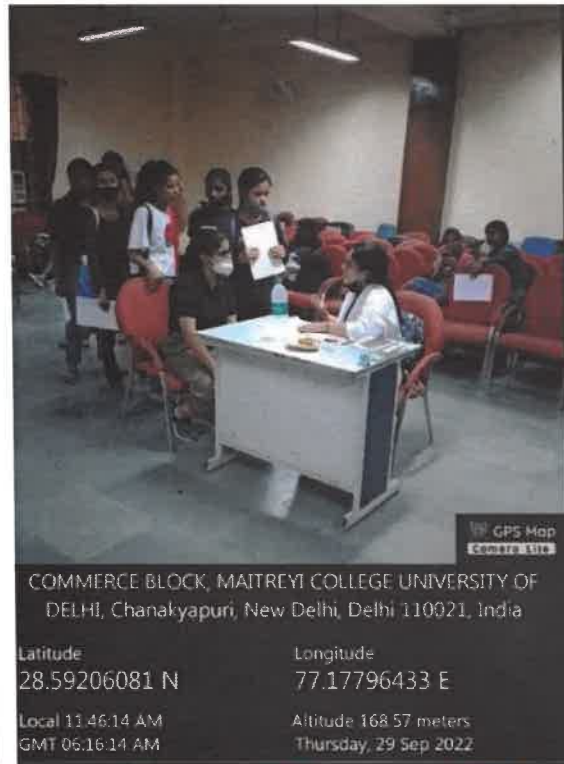
Consultation With:
Gynecologist
Cardiologist
ENT
Dietician
Orthopaedic
Optometrist

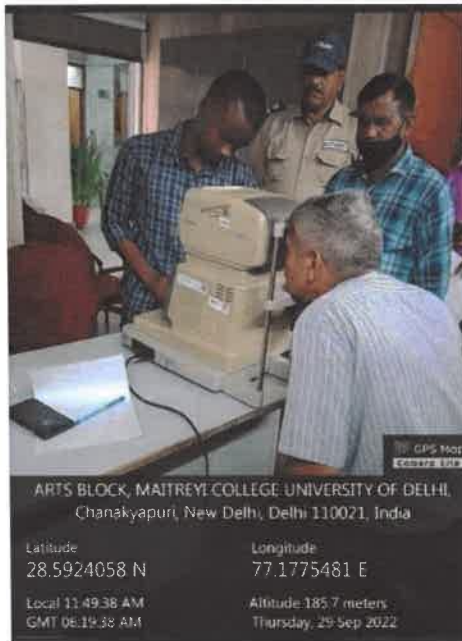
SEPTEMBER 29 2022
TIME -10:30-2:30

BE SURE TO WEAR YOUR MASK

VENUE: CAMP, NEW AUDI
ECG, MEDICAL ROOM
EYE CHECKUP, VICE
PRINCIPAL'S ROOM

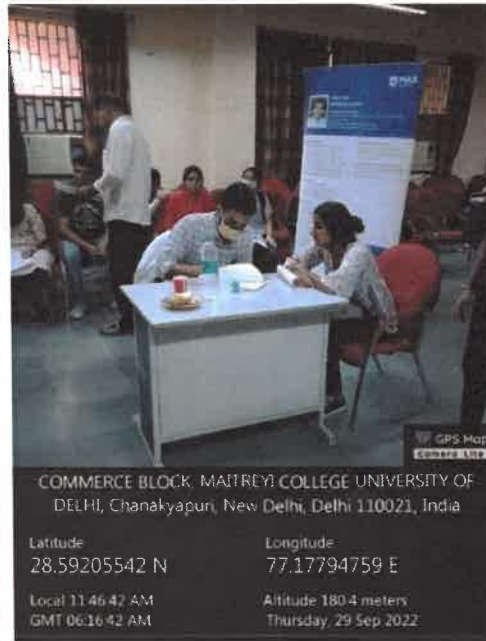
MAITREYI COLLEGE,
CHANAKYAPURI, NEW DELHI,
110021





ARTS BLOCK, MAITREYI COLLEGE UNIVERSITY OF DELHI,
Chanakyapuri, New Delhi, Delhi 110021, India

Latitude 28.5924058 N Longitude 77.1775481 E
Local 11:49:38 AM Altitude 185.7 meters
GMT 08:19:38 AM Thursday, 29 Sep 2022



COMMERCE BLOCK, MAITREYI COLLEGE UNIVERSITY OF
DELHI, Chanakyapuri, New Delhi, Delhi 110021, India

Latitude 28.59205542 N Longitude 77.17794759 E
Local 11:46:42 AM Altitude 180.4 meters
GMT 06:16:42 AM Thursday, 29 Sep 2022

Our annual event, a health check-up camp was organized on 29th September in the college premises courtesy Max Super Speciality Hospital, Saket. Services offered, free of charge were measurement of blood pressure, random sugar, BMD, ECG (if recommended after consultation), eye check-up and one to one consultation with gynaecologist, dietician, ENT specialist, cardiologist, orthopaedic along with dental check-up.

102 students and 10 staff members got a thorough eye check-up wherein power was checked/prescribed.

In all, 87 teaching and non-teaching staff. 290 students and 2 parents availed of rest of the facilities

Report by

Dr. Prachi Bagla

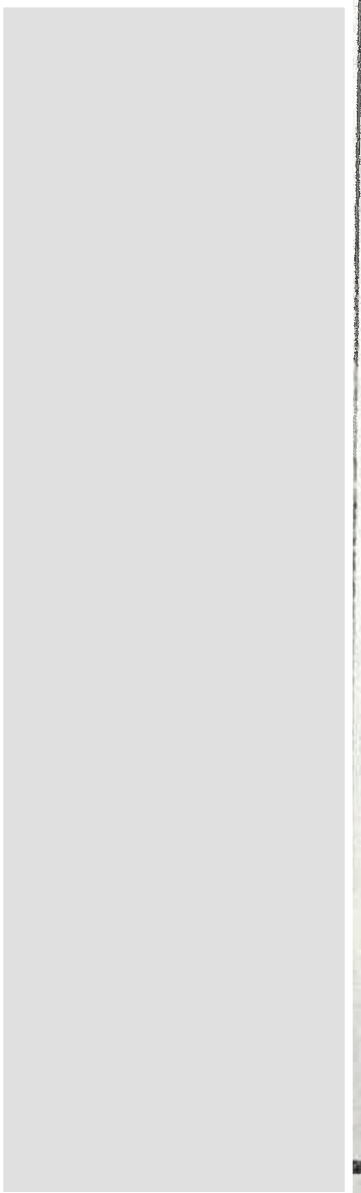

Prachi Bagla

STAFF

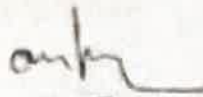
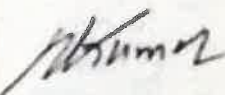
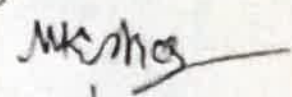

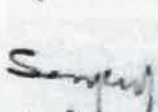
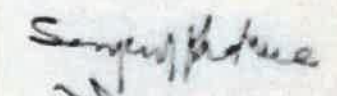
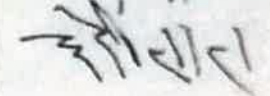
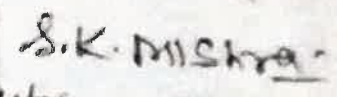

check-up camp

Sl. No	NAME	DEPARTMENT	PHONE NO	CONSULTANT	SIGNATURE
1	PRAVEEN KUMAR	Accounts		All	
2	Vijay	Sports		ENT	
3	Bhuvan Ram	Comput sci		All	
4	Deepthi Kaur	Maths		All	
5	Dr. Mukta Jay	History		All.	
6	Rahul	Computer		All	
7	Raj Kumar	Bo Lang		All	

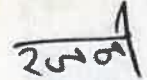
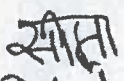
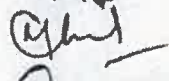


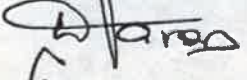

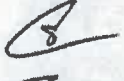


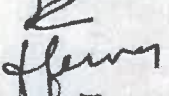
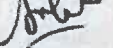





S I H F F

S NO	NAME	DEPARTMENT	PHONE NO	CONSULTANT	SIGNATURE
1)	Dr. Tejendra Kumar	Zoology		Dental	

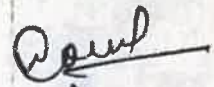

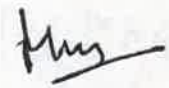
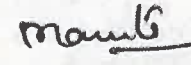
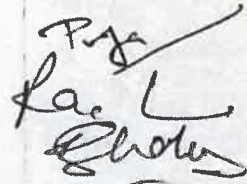
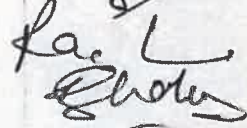

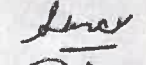
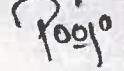
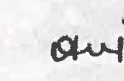
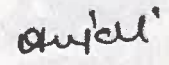
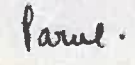
STAFF

Sl No	NAME	DEPARTMENT	PHONE NO	CONSULTANT	SIGNATURE
1.	Sanguta	Non-teaching		U.P 1 Sugan / Cardio Cardiologist	 Nishtha
2	Om Prakash	Non-teaching			
3	Nishtha	Non-teaching			
34.	Narash Kumar	Non-teaching			 Narash Kumar
35.	Madan Kishor	Non-teaching		Dentist, ENT, Orthopaedic	 Madan Kishor
36.	Abhishek Khosla	Non-teaching		All	 Abhishek Khosla
37	Dr. Sarita Devi	Punjabi		All	 Dr. Sarita Devi
38	SANJAY KATHA	Mod. Teaching		Cardio .	 Sanjay Katha
39	Chhedi Lal	Non-Teaching staff		ECG	 Chhedi Lal
40.	S.K. Mishra	Non-teaching.		Eye	 S.K. Mishra
41	Dr. Seema Meen	Hindi		Eyes checkup, Bone densitometry ENT, Blood Pressure	 Dr. Seema Meen

STAFF

Sl. No	NAME	DEPARTMENT	PHONE NO	CONSULTANT	SIGNATURE
16.	Rajni	Staffroom		Gynecologist	
17.	Seema	Housekeeping		gyn	
18.	MOHIT	PHYSICS		ALL	
19.	Manisha	English		B.P checkup	
20.	P. Karida	Botany		B.P &	
21.	Deepika	Admin		ALL	
22.	Kanta Gusain	v		All	
23	Sandeeprom	Admin		All	
24	Hirsi Shankar Singh	Physics		All	
25.	Sorjay Atangri	Library		All	
26.	Dr. Hema Bhandari	Chemistry		Sugar & B.P	
27.	Aman Kumar	Library		B.P	
28	ANIL CHILLAR	ZOOLOGY		All	
29	Shivani Sharma	Zoology		All	
30	Jayant Shrivastava	Zoology		All	
31	Sachi Thakur	Zoology		All	
32	Vikram	Zoology		All	


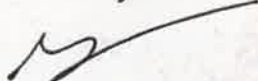

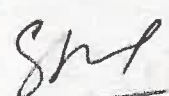
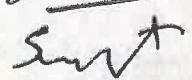
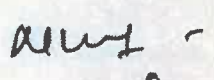
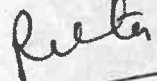


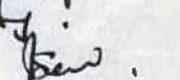
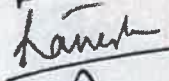

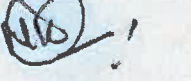


S I H F T

Sl. No.	NAME	DEPARTMENT	PHONE NO.	CONSULTANT	SIGNATURE
1.	Kamal	Accounts		All checkup	
2.	Amratha	Library		All checkup	
3.	Ramesh Giri	Zoology		All Check up	
4.	Meena Mathotra	Bot. Zool.		All check up	
5.	Mamta	Zoology		All check up	
6.	Aishu	student		All Dietician	
7.	Dr. Pooja Khormal	Hindi		All checkup	
8.	Rachna Jain	Economics		All checkup	
9.	Shalu Rani	Political Science		Dental	
10.	Akansha Pandey	B.Com(P)		Cardiologist	
11.	Shalu	B.Com(P)		cardiologist	
12.	Pooja	B.Com(P)		All checkups	
13.	Anjali	B.A.(P)		gynec.	
14.	Parul	B.A(H)		All check up.	

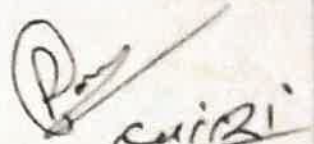
STAFF

Sl. No.	NAME	DEPARTMENT	PHONE NO.	CONSULTANT	SIGNATURE
1	D-D Sharma	Chemistry		BP Sugar, Diet	D-D Sharma
2	LALIT KUMAR)		Ortho, BP	Lalit
3	Amit kr Vema	Library		Cardiologist, Dietician	Amit
4	Chhaya	Housekeeping			Chhaya
5	DR. SNEH LATA	Hindi			Sneh Lata
6	Dr Harmeet Kaur	Punjab		Ortho, B.P. Sugar, Urology	H.K.K.
7	Hemant Lamba	Physics			Hemant
8	Vinod Kumar	Physics			Vinod
9	K.K. Suroshil	Physics			K.K. Suroshil
10	V. K. Rai	Chemistry			V.K. Rai
11	Mohan Lal)			Mohan Lal
12	Trishukan Singh)			Trishukan Singh
13	Deepak Yadav	Admin			Deepak
14	Tarun Khari	Admin/Accounts			Tarun
15	Vinod Kumar	Library			Vinod

STAFF

Sl. No.	NAME	DEPARTMENT	PHONE NO.	CONSULTANT	SIGNATURE
1.	Kamlesh Bhatt	Admin.		Eyes All	
2.	Satyodhar Singh	PHYSICS		Ortho	
3.	Jaswan Singh	Admin		Dental eye	
4.	Suniti Singh	Arts		all	
5.	Subject Kumar	Arts		all	
6.	Aruna Bhatia	Economics		all	
7.	Dr. Reeta	Hindi		all all	
8.	Dr. Sushil Kumar	Arts		bone test	
9.	Dr. Pushpa Gupta	Hindi		ENT	
10.	Ananta Jaiswal	Socio			
11.	Dr. Sanjay Kaur	Economics			
12.	Dr. Ramesh Kumar	Chemistry		ALL	
13.	Adarsh	CSE		ALL	
14.	Dr. Navneet Kishor	Chemistry		ALL	
15.	Sanjay Ahuja	Accounts		ALL	

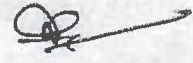


LIST

NAME	DEPARTMENT	PHONE NO	CONSULTANT	SIGNATURE
Ravinder Giri	House Keeping office		Eye Eye	
Dr. A. Vinodh	Zoology		Eye	
Dr. Rajendra Kumar	Zoology		"	<u>A. Vinodh</u>
D. Srinivasa	office		"	<u>Rajendra</u>
Seema	Ground		"	Seema
Upendar	office		"	<u>Seema</u> 344


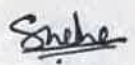
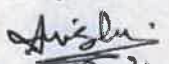

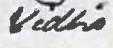
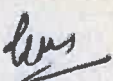

STUDENTS

S.No	NAME	COURSE	PHONE NO	ROLL NO	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1.	Rizrin	Upe science		2082	rangmo33@gmail.com	All.	<u>Rizrin</u>
2.	Tashi Angmo	Upe Science		2069	angmostakna11@gmail.com	All	<u>Tashi</u>
3.	Sakshi	BIT Program		119	Neetu09599@gmail.com	All all	<u>Sakshi</u>
4.	Neetu	BA Program		103			
5.	Tannu	BA Program		0501	tannutannu2301@gmail.com	All checkup	<u>Tannu</u>
6.	Palak	BA Program		102	ganykalat388@gmail.com	All.	<u>Palak</u>
7.	Anjali	B.Sc (H) Zoology		140	anjaliyadav16022003@gmail.com	Blood Pressure	<u>Anjali</u>
8.	Dinky Shastri	B.A (H) Hindi		169	Sharmadinky2002@gmail.com	All	<u>Dinky Shastri</u>
9.	Pratima Maurya	B.A (H) Hindi		1324	pratimamaurya90021@gmail.com	All	<u>Pratima</u>
10.	Dhivani	DA (Prog)		1497	dhivani9tiyan@gmail.com	Dental	<u>Dhivani</u>
11.	Bipasha	B.Sci (Prog)		1988	dhukprabha@gmail.com	Dental / eyes.	<u>Bipasha</u>
12.	Himanshi	B.Com Prog.		2384	himanshi0365@gmail.com	All	<u>Himanshi</u>
13.	Bipasha	B.Sc. physical sci. with CS.		1560	bipashabanga26@gmail.com	Cardi'o	<u>Bipasha</u>
14.	Sangthang	BA honours political SC.		1451	Sangthangyanehang@gmail.com		<u>Sang</u>
15.	Megha	B.Com (H)		21/1636	meghaa239@gmail.com	All	<u>Megha</u>

9) I U U C I V I P

Sl. No	NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1	Ankita Pant	B.Sc Physical Science with CS		1042	ankitapant449@gmail.com	Dental / Eye / Cardio	
2	Hanna John	BA(H) Political Science		698	hannajohn@gmail.com	Gynaec / Cardio	
3	Priya Mishra	B.Sc Physical Science (CS)		1471	priyamishra@gmail.com	Cardio	
4	Nidushi Mishra	B.A(H) Pol Science		645	nidushimishra04@gmail.com	Dietician	
5	Shwasti Chakraborty	B.A(H) Pol Science		521	shwasti1902@gmail.com	Gynecologist, Blood Sugar, ECG, Bone Densitometry.	<u>Shwasti</u>
6	Kanika	BA(P)	1387	kannukannu740@gmail.com	Eye check up	<u>Kanika</u>	

PHILOSOPHY

Sl. No	NAME	COURSE	PHONE NO.	ROLL NO	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1)	Ankita Bhardwaj	BA Hons		2266	bhardwajankita195@gmail.com	ortho, cardio, dietician	
	Tejra Jain	B.Com (H)					
2)	Sneha Khurana	B.Com (P)		1367	Khuranasneha17@gmail.com	ALL	
3)	Avishi Chandra	B.Com (P)		1998	vishachandela@gmail.com	ALL	
4)	Zoya Iqbal	B.Sc. Life Sci		1242	zoyaiqbal1242@gmail.com	ortho, dietician	
5)	Vidhi	B.Sc. Zoology		2107	vidhipathak55@gmail.com	ALL	
6)	Gunjan	BSC Zoology		2109	gunj0478@gmail.com	ALL	
7)	Somya	BSC Zoology		2106	somya.1612@gmail.com	ALL	

STUDENTS

S.No	NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1)	Sonali Kumari	B.A Pol. sci (Hon)		2020/1880	sonali.bishetia@gmail.com	Dentist	<u>Sonali</u>
2)	Prachi Singh	B.A Pol sci (Hon)		2020/192	singh08.prachi@gmail.com	Gynecologist	<u>Prachi.</u>
3)	Nisha	BA(P)		2021/1694	nishadhaliya2@gmail.com	All	<u>Nisha</u>
4)	Sapna	B.A (H) Hindi		20/2182	sulekhasaninisha@gmail.com	all	<u>Sapna</u>
5)	Prachi	BSc + Hon (Botany)		977	panmarprachi817@gmail.com	all	<u>Prachi</u>
6)	Saumya	"		0017	saumyaj@753gmail.com	all	<u>Saumya</u>
7)	Maru	"		559	tanugrhol@gmail.com	all	<u>Maru</u>

9) I U D E N I P

S.NO	NAME	COURSE	PHONE NO	ROLL NO	EMAIL ADDRESS	CONSULTANT	SIGNATURE
1	Anjali	BA Sans(H)		1985	ka2487115@gn.com	Eye	<u>Anjali</u>
2	Arohi	BA San(H)		1137	arohitwari750@gn.ca	Eye	<u>Arohi</u>
3	Shruti	BSC mat(H)		1413	unjalshruti00@gmail.com	"	<u>Shruti</u>
4	Ruchi Kumari	BA San(H)		1363	ruchikumari10042002@gmail.com	"	<u>Ruchi</u>
5	Rajni	BA Hist		219	kumarirajni0622@gmail.com		<u>Rajni</u>
6	Muskan	BA Hist+Pol		187	rupasona442@gmail.com		<u>Muskan</u>
7	Khushi	BA Hind+Pol		1012 1014	khushidahiya06@gmail.com		<u>Khushi</u>
8	Hema	BSC life sci		2039	shermahema841@gmail.com		<u>Hema</u>
9	Parul	BSC zoology (H)		237	mparul689@gmail.com		<u>Parul</u>
10	Priya	BSC (H)		0040	priya231003@gmail.com		<u>Priya</u>
11	Kajal	BSC (P)		1828	kaajal.kr07@gmail.com		<u>Kajal</u>
12	Shivani Joshi	BSC (P)		1833	joshishivani426@gmail.com		<u>Shivani Joshi</u>
13	Ragini	BA (P)		112	ragini1511@gmail.com		<u>Ragini</u>
14	Rishu	Bcom (P)		569	crishu306@gmail.com		<u>Rishu</u>
15	Ayushi	BEC		863	ayushikhosya@gmail.com		<u>Ayushi</u>
16	Sakshi	BSC		2052	sakshijindal08@gmail.com		<u>Sakshi</u>
17	Mans Anjali	BA (P)		1901	anjelicherme1821280@gmail.com		<u>Anjali</u>

STUDENT ID

S.No	NAME	COURSE	PHONE NO	ROLL NO	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
18	Deepali	BSC(PC)		1532	deepalirawat16161@ju.com	Eye	<u>Deepali Rawat</u>
19	Varshika	Bsc Physical Sc (CS)		2205	jvarshika184@gmail.com	Eye	<u>Varshika Jainwal</u>
20	Anamika	B.A.L Physical Sc (CS)		800	sharmanamika@35021@gmail.com	"	<u>Anamika</u>
21	Raina Rathi	BCOM (Hons)		1705	rainarathi603@gmail.com	"	<u>Raina</u>
22	Rishika	BCOM (Hons)		1646	guglanirishika@gmail.com	"	<u>Rishika</u>
23	Laxmi	Bsc (H) Zoology		0686	laxmiydv511@gmail.com	"	<u>Laxmi</u>
23	Dipanghi	BA Hindi H.		1848	Dipandhikumari d330	"	<u>Dipanghi</u>
24	Pratima Maurya	B.A Hindi H.		1324	pratimamaurya0021@gmail.com	"	<u>Pratima</u>
25	Anjali	B.A(H). Hindi		1171	anjalis@gmail.com	"	<u>Anjali</u>
26	Kejal	BSC (Zoo) (Hons)		206	Kejaltewatia13@gmail.com	"	<u>Kejal</u>
27	Annu	BSC Physical Sc (CS)		2056	annurao.020@gmail.com	"	<u>Annu</u>
28	Anchal	Bsc Physical Science with CS		1769	yadavaanchal995@gmail.com	"	<u>Anchal</u>
29	Twinkal	Bsc Life Science		1912	twinkal@7124@gmail.com	"	<u>Twinkal</u>
30	Manisha	B.A Prog.		1143	manisha.dove9319@gmail.com	"	<u>Manisha</u>
31	Palak	BA Prog.		1187	gajypalak388@gmail.com	"	<u>Palak</u>
32	Uma	BSc(H) Chemistry		13	Uma.ny1772@gmail.com	"	<u>Uma</u>

9) STUDENT ID

S.No	NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
33	Sangthung	B.A. hon's Political Science		1151	Sangthungyandhang@gmail	Eye	<u>Sangthung</u>
34	Sarah	B.A hon's Political Science		1668	ohsarah2003@gmail.com	Eye	<u>Sarah</u>
35	Monika	BA History (H)		4 0086	monikamishra.2957@gmail.com	"	<u>Monika</u>
36	Manisha	BA Sanskrit (H)		1179	jhamanisho193@gmail.com	"	<u>Manisha</u>
37	Sakshree Surani	B.Sc Phy. Hons.		1570	satyarani946@gmail.com		
38	Vinisha	B.Sc Physics Hons.		1026	jongsavinisho@gmail.com		
39	Nancy	B.Sc.(H) Chemistry		1086	Nancy1718199679@gmail.com		<u>Nancy</u>
40	Richa	BSC (H) Chemistry		1670	agaruol richa388@gmail.com		<u>Richa</u>
41	SivaSankar	Pol. Science (H)		2103	Sivasankarijavarathinam@gmail.com		<u>Siva</u>
42	Shikhan Singh	Pol Sci (Hons)		2201	ShikhanSingh3005@gmail.com		<u>Shikhan</u>
43	Sakshi Kushwah	Pol Sci (Hons)		1480	meena942511@gmail.com		<u>Sakshi</u>
44	Chandana	Life Science		1111	chandana khada 87@gmail.com		<u>Chandana</u>
45	Kalash	B.A. Prog.		20	SKalash908@gmail.com		<u>Kalash</u>
46	Aditi	B.Sc Prog		0946	aditi04022003@gmail.com		<u>Aditi</u>
47	Rudhika	B.Sc (H)		1474	Rudhika Kaddan 03@gmail.com		<u>Rudhika</u>

9) STUDENT

Sib NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
48. Sonali	B.Com(P)		613	Sonali 64534@gmail.com	Eye	Sonali Kumari
49. Nishi	B.Sc (P)		1569	maahidhakur68@gmail.com	Eye	
50. Bhavya	B.Sc (P)		1535	Bhavya singh maitreyi@gmail.com	"	
51. Singh						
52. Kajal Rana	B.A (P)		19	Kajalrana0904@gmail.com		
53. Anjul	B.Sc(H)		1883	anjutrakar@gmail.com		Anjul
54. Priyanka	BSc(H) Physics		2117	Priyankasharma1432a@gmail.com		Priyanka
55. Saijal	BSc(H) Physics		2068	SaijalSingh568@gmail.com		<u>Saijal</u>
56. Shakshi	BSc(H) Phys		2309	Shakshikandam8@gmail.com		Shakshi
57. Khushi Yadav	BA(H) Hindi		484	KhushiYadav2082004@gmail.com		Khushi
58. Yogita Sharma	BSc(H) Physics		21926	@yogitaSharma3402@gmail.com		Yogita
59. Anshika Joshi	BSc(H) Physics		1524	anshikajoshi121@gmail.com		Anshika
60. Zoya Shakeel	B.Com(P)		1289	Zoya shakeel963@gmail.com		Zoya Shakeel
61. Bharti	B.A(Hons) Sociology		1182	bhartiprieman555@gmail.com		Bharti
62. Rupa	BA. Hons. Hindi		655	roopikaashyap2002@gmail.com		Rupa
63. Nargis	BA. Hons Hindi		1357	nargisbano9165@gmail.com		Nargis

STUDENTS

NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
Kritika Bhatta	BA (Eco) Hons		2020/1920	kritika.bhatta31@gmail.com	Eye checkup	<u>Kritika</u>
Simran	BA (Eco) Hons		2020/1581	simran.goyal06@gmail.com	Eye checkup	<u>Simran</u>
Hanshika Dahiya	BSc (Pr) Life Sci		2021/200	devalathomey@gmail.com	ALL	<u>Hanshika</u>
Jyoti Yadav	BSc (A) Life Science		2021/1976	jyotiyadav11111@gmail.com	ALL	<u>Jyoti</u>
Ambeswari Sud	BACHD Economics		2020/1955	ambeswari.sud.2001@gmail.com	ALL	<u>Ambeswari</u>
Kasia Kohli	BA (H) Economics		2020/1976	kasiakohli@gmail.com	ALL	<u>Kasia</u>
Rajni	BA (P) His + Pol		2019	kumaris1991@gmail.com	Eye checkup	<u>Rajni</u>
Muskan	BA (P) His + Pol		187	muska.soni442@gmail.com	Eye checkup	<u>Muskan</u>
Ritupriya	BSc (P) Life Sc		0635	Ritupriyabasu2018@gmail.com	ALL	<u>Ritupriya</u>
Abha	BSc (P) Life Sc		0111	Abha.bhatnagar70@gmail.com	ALL	<u>Abha</u>
Anjana	B.A (P)			Anjanakumari6387@gmail.com	ALL	<u>Anjana</u>
Swarnima	B.A (Hons) Hindi		1045	shailendragunjan14@gmail.com	Eye checkup	<u>Swarnima</u>
Megha	B.A (P)		1718	Megha.gupta7208@gmail.com	Eye checkup	<u>Megha</u>
Soni	B.Sc. Life Science		2239	jakhmola.Soni@gmail.com	ALL	<u>Soni</u>
Pooja	B.Sc. Life Science		1780	poojanahla33@gmail.com	ALL	<u>Pooja</u>
Antra	B.Sc. Life Science		1667	AntraSingh93@gmail.com	ALL	<u>Antra</u>
Aarushi	B.Sc. Life Science		1418	aarushiverma00@gmail.com	ALL	<u>Aarushi</u>
Mamta	BA (Prog) Hindi + English		2024	Babubal+badess1@gmail.com	ALL	<u>Mamta</u>
Annu	BA. Prog Hindi + English + His + Pol		2036	annu.gargwal30@gmail.com	ALL	<u>Annu</u>

STUDENTS

S.No	NAME	COURSE	PHONE NO	ROLL NO	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1	Sunidhi	BSc Life Science		0682/2021	sunidhi1607@gmail.com	Eye, Cardio.	<u>Sunidhi</u>
2	Anshika Tiwari	BSc Maths Hon		1878/2020	anshit171@gmail.com	eye	<u>Anshika</u>
3	Ayushi Singh	BSc Maths(H)		1855/2022	subhrajal6302@gmail.com	eye	<u>Ayushi</u>
4	Manju	BSc Maths (H)		1679/2020	dhandamanyu89@gmail.com	Eye	<u>Manju</u>
5	Divya	BSc Chem		2020/2026	divyabherkhal2002@gmail.com	Eye, Cardio	<u>Divya</u>
6	Honey	BSc life science		2020/1727	honeyngangan@gmail.com	all text	<u>Honey</u>
7	NITIKA	BSc. life Science		2020/1739	nitika.dutta2302@gmail.com	CONSULT.	<u>Nitika</u>
8	Muskan Yadav	Ba history hon		2021/2256	muskansantoriya@gmail.com	All consult	<u>Muskan</u>
9	Jiya Reetan	BA History hon		2021/2268	jiya.reetan.139030@gmail.com	Eye, Cardio Eye Care & Consult	<u>Jiya</u>
10	Mousha Pantyal	B & Life Science		2021/0796	mikipantyal@gmail.com	all	<u>Mousha</u>
11	Dakshita Mall	BSc life science		2020/1795	Dakshitamall36@gmail.com	all	<u>Dakshita</u>
12	Hema Sharma	BSc life science		2021/2039	sharma.hema@gmail.com	all	<u>Hema</u>
13	Manavi Goutam	BSc. Life Science		2021/1996	manavigoutam48@gmail.com	all	<u>Manavi</u>
14	Jamifer	B.A. Prog		2021/1476	Jamiferakati1@gmail.com	All	<u>Jamifer</u>
15	Ananya	BA(H) Geo		2020/1639	ananyaoni@gmail.com	Dietician	<u>Ananya</u>
16	Pashita	BA(H) ECo		2020/1854	pashitagambhin23@gmail.com	All	<u>Pashita</u>
17	Simran	BSc Life Science		2020/2165	kookibargtan54@gmail.com	All	<u>Simran</u>
18	Garima	BA Program		129	garinayadav162354@gmail.com	all	<u>Garima</u>

STUDENTS

S.No	NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1.	Mahak	Pol. Sci hons		2021/1514	faiz Mahak 8@gmail.com		<u>Mahak</u>
2.	Shivika	B.A Prog.		2020/661	shivika.arora1010@gmail.com	Dietician, ENT, Gynec.	<u>Shivika</u>
3.	Himanshi	BA Prog.		2021/1993	himanshichunmun@gmail.com	Ortho & dietician	<u>Himanshi</u>
4.	Ashli	BA Prog.		2021/1955	singhaditi99384@gmail.com		<u>Ashli</u>
5.	Nirajika	BSc. life science		2021/1022	singhnikarika2504@gmail.com	Gyna; GP	<u>Nirajika</u>
6.	Breethi	BSc. life sci		2024/1182	pd0144874@gmail.com	B.P, sugar.	<u>Breethi</u>
7.	Smeta	BSc (H) Zoology		2024/0069	rapksmeta.2002@gmail.com	B.P, sugar, Eye test, ENT	<u>Smeta</u>
8.	Smeta	B.A Prog.		162	Smetaupadhyay04@gmail.com		<u>Smeta</u>
9.	Sanam	B.Sc (H) Zoology		2021/0400	pratapsanam@gmail.com	Gyna, eye checkup, B.P	<u>Sanam</u>
10.	Jiya	B.Sc (H) Physics		2021/195	toshniwaljiya@gmail.com	BP, eye, sugar	<u>Jiya</u>
11.	Shivani	P.A [Pro]		2020/27	ShivaniKumari2002@bhuw.	B.P, eye	<u>Shivani</u>
12.	Renuka	B.Sc (H) Physics		2021/1571	renukaubba8295@gmail.com	Orthopedician, eye	<u>Renuka</u>
13.	Anshita	BSc (H) Phys.		2021/1653	anshitasharma9117@gmail.com	BP, Eye, sugar	<u>Anshita</u>
14.	Richa	BSc (H) Chem.		2020/1670	agawalricha388@gmail.com	Eye checkup, B.P,	<u>Richa</u>
15.	Divya Bisht	BSc (Hons) Chem		2020/1028	divya_bisht1503@gmail.com	sugar	<u>Divya Bisht</u>
16.	Uma Rani	BSc (H) Chem		2020/13	Uma.rani1772@gmail.com	Eye checkup, B.P, Sugar	<u>Uma</u>
17.	Nancy Chai	B.Sc (H) Chemistry		2020/1086	Nanisi9818981679@gmail.com	Eye, B.P, sugar, ENT	<u>Nancy Chai</u>
18.	Babita Kumari	B.Sc (H) Chem		2020/1669	Katarlababita60@gmail.com	eye, B.P, Sugar	<u>Babita</u>
19.	Prakriti	BSc (H) Chem		2020/1523	prakritibhunia@gmail.com	B.P, sugar	<u>Prakriti</u>
20.	Taru	BSc (Prog) Physic Sci		2024/1162	twinklingstaranaina@	Eye check up	<u>Taru</u>

STUDENTS

SID NAME	COURSE	PHONE NO	ROLL NO	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1) Divya	BA (History Honours)		2020/986	dk1569988@gmail.com	all check up	<u>Divya</u>
2) Kavita	BA (History H)		2020/234	thris15kavitaagarwal@gmail.com	all check up	<u>Kavita</u>
3) Yashvi	BSC Life Science		2020/1734	Yashvitewatlyga@gmail.com	all check up	<u>Yashvi</u>
4) Laxmi	B.A (hons) hindi		2021/0128	Laxmikumar01@gmail.com	all check up	<u>Laxmi</u>
5) Seram	B.A (Hindi Hon)		2021/0326	Seramdivek102@gmail.com	all check up	<u>Seram</u>
6) Kavita	B.A (Hindi Hon)		2021/1042	kavita_732003@gmail.com	all check up	<u>Kavita</u>
7) Kajal	B.A (Prog ram)		2021/1689	kchak0810@gmail.com	Gyena check up.	<u>Kajal</u>
8) Dipti	BSC Physics I (Hons)		2021/1306	rajvirrailway6a@gmail.com	All check up	<u>Dipti</u>
9) Pawanpreetkaur	BA Prog		2020/363	Pawanpreetkaur2392@gmail.com	All check up	<u>Pawanpreet</u>
10) Lushmita Halder	B.A Pol. Science Honours		2021/1980	Lushmitahalder11@gmail.com	eye check up and nutritionist/dietician consultation	<u>Lushmita</u>
11) Ishita Bhatt	B.Sc Life Science		2020/1597	ishitablatt090075@gmail.com	gynaecologist	<u>Ishita</u>
12) Priyanka	B.A Prog		2020/454	prajpriyamkaps417@gmail.com	Eye check-up	<u>Priyanka</u>
13) Rishu	B.Com (P)		2021/564	richu306@gmail.com	Dietician and gynaecologist	<u>Rishu</u>
14) Shwasti	B.Sc (H) Chem		20/2313	shwasti.29902@gmail.com	all check up	<u>Shwasti</u>
15) Nikita Negi	B.A Prog		200/712	nikitanegi811@gmail.com	all check up	<u>Nikita negi</u>
16) VEDANTI GARG	B.Sc Life Sci.		1811/2020	vedantigarg05@gmail.com	All check up	<u>Vedanti</u>

STUDENTS

S.No	NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1.	Sikha	Zoology (Hons)		234	sikhakalita225@gmail.com	Blood Pressure, cardiologist Gynaecologist	Skhalika
2.	Parismita	Zoology (Hons)		245	parinmita380@gmail.com	Blood Pressure, cardiologist, Gynaecologist	Palu
3.	Preeti	Bsc. Life Science		0883	preetidubey2003@gmail.com	Gyna.	Preeti
4.	Monika	Bsc. Life Science		0846	monika1426@gmail.com	Blood pressure and sugar	Monika
5.	Jasmeet Kaur	B Com (Hons)		905	JKardhawa15@gmail.com	Blood sugar	Jasmeet
6.	Sonam	BSc (Hons)		2112	batsasaram21@gmail.com	Dietician	Sonam
7.	Anamika	BSc (H) Zoology		0038	puthakaromika4004@gmail.com	B.P, Vision / Eye / Gynaec	Anamika
8.	Tanya Yadav	BA (Prog)		0019	yadavtanya9036@gmail.com	eye checkup, Gyna	Tanya
9.	Akshita	BSc (Physical Science)		1781	akshita tomar 68@gmail.com	eye checkup, dietician	Akshita
10.	Sounya	BSc (Physical Science)		1500	sounyapant2003@gmail.com	eye checkup, Gyna.	Sounya
11.	Shradha	BSc Physical (Science)		1773	stepstudy03@gmail.com	eye checkup, dietician	Shradha
12.	Kiran	BA Prog		1699	Kiran Kumari 9818203@gmail.com	eye checkup, gyna, blood pressure, sugar, dental	Kiran
13.	Mohini	B.A Prog		1826	kmohini1219@gmail.com	eye checkup gyna, blood Pressure, sugar dental	Mohini
14.	Swabhi Singh	B.A. Prog.		1102	Swabhis2122@gmail.com	eye checkup, all checkup	Swabhi
15.	Pooja	B.A. Prog		1698	bhambhu pooja82@-	all checkup	Pooja
16.	Arshika	BSC (H) Botany		2234	gautamanishi6396@gmail.com	all checkup	Arshika
17.	Kumkum	BA Sanskrit (H)		1166	Kumkumgaur02@gmail.com	all checkup	Kumkum

STUDENT

S.No	NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
01	Mahima Das	B.Sc Life Sciences		1676	mahimadas18@gmail.com	Teeth	Mahima
02	Sonia Chauhan	B.Sc. Life Sciences		1633	chauhansonia512506@gmail.com	BP, Blood sugar level, Teeth, Gen	Sonia
03	Naiya Chauhan	B.Sc Life Science		1731	1731naiyachauhan@gmail.com	BP, Blood sugar level,	Naiya
04	Vanshika Arora	Bsc Life science		1631	Vanshatishu@gmail.com	All	Vanshika
05	Aneha Dand	B.Sc Life Science		1788	aribasayed8@gmail.com	All	Aneha
06	Ishita	B.A. Prog.		749	ishita.arora0208@gmail.com	ENT	Ishita
07	Baljeet Kaur	B.A Prog		0045	madaan khushi2@gmail.com	All	BKaur
08	Riya Uniyal	Bsc Life sciences		1810	riyauniyal17@gmail.com	All	Riya
09	Kaveri	B.Sc Life Sciences		1813	kaverichandhary2003@g.	All	Kaveri
10	Shristi Singh	BA. Hons Eng.		2153	shristisingh9522@gmail.com	Ortho, Cardio, dietician	Shristi
11.	Khusboo Sharma	"		1534	khusboosharma1998@gmail.com	ortho, Cardio, dietician	Khusboo
12.	Kajal	BSc Zoology hons		206	kajalkawalia12@gmail.com	ortho, cardio, dietician	Kajal
13.	Pooja	BA (P)		357	praj00466@gmail.com	Dentist	Pooja
14	Archanu	BA. Hindi Hons		1694	Archana Yadav0579@gmail.com	Dentist	Archanu
15.	Bhavana	B.A (Hindi) Hons		1450	Teachrobhava@gmail.com	Dentist	Bhavana
16	Princy	B.A (Hindi) Ho		2043	Princy Baisoya@gmail.com	Dentist	Princy
17.	Vaishnavi	B.Sc (Hons.) Bot		1879	Vaishnavisingh048@gmail.com	Gynaecologist, ENT Dietician	Vaishnavi
18.	Shalany	B.Sc (H) Physics		2020/1259	shalanyalexyit@gmail.com	Dietician, dentist	Shalany
19.	Pranseli	BSc (H) Physics		2020/343	mathu.pranseli@gmail.com	dietician, dentist	Pranseli

STUDENTS

S.No	NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1	Deepika	BA Sanskrit Hons 2nd year		1153	Deepika.chaturvedi80@gmail.com	all checkup	<u>Deepika</u>
2.	Jyotsna	BA Prog (His + Pol.)		1107	jyotsnananoria@gmail.com	all checkup	<u>Jyotsna</u>
3.	Suhani	B.A Prog Hist Pol		274	Suhanimate@gmail.com	All checkup	<u>Suhani</u>
4.	Ritu Ruchal	B.Sc Life Sciences		1781	rituruchal11@gmail.com	All Checkup	<u>Rituruchal</u>
5	Dipanshi	BA-Hindi H.		1848	Dipanshi.kumaridm33@gmail.com	All cheebup	<u>Dipanshi</u>
6.	Anjali	B.A (H) Hindi		1171	anjalis@gmail.com	All checkup	<u>Anjali</u>
7.	Muskan	BH. History Hons.		1331	Muskankumari5932@gmail.com	Teeth	<u>Muskan</u>
8.	Shiva Raj	BSc. Physics (H) 2 nd year		1943	Parstonatekhiva18@gmail.com	All checkup	<u>Shiva</u>
9.	Kirti	B.A Programme		311	sharmakirti1126@gmail.com	All checkup	<u>K</u>
10.	Manisha	B.A Prog. 9		1143	manishalove9319@gmail.com	All Teeth	<u>Manisha</u>
1.	Lakita	BSc Life Science		1773	lakitabhatts5@gmail.com	Dietitian All	<u>Lakita</u>
2.	Ishani	BSc Life Sc 8		1819	ishanimellick4@gmail.com	all checkup	<u>Ishani</u>
3.	Riya	BA Hons Sociology		0483	riyacoolsahu03@gmail.com	Dietician Blood Pressure	<u>Riya</u>

S.No	NAME	COURSE	PHONE NO	ROLL NO	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
01	Manisha	B.Sc Physics hon		0003	panwar.manisha0003@gmail.com	All	<u>Manisha</u>
02	Parul	BSc Phy. hon		1310	yadavparul283@gmail.com	All	<u>Parul</u>
03	Amanjat	BSc Phy. hon		1382	sakhtamanjats4@gmail.com	All	<u>A</u>
04	Manya	BSc Life Science		1782	arshantk46@gmail.com	All	<u>Manya</u>
05	Tamisha	BSc Life Science		1729	tamishkanku8@gmail.com	All	<u>Tamisha</u>
06	Ananya	BSc Phy hon		1197	Ananya bishnoi2918@gmail.com	All	<u>Ananya</u>
07	Sushtika Muralgal	B.Sc. (H) Zool		2076	muralgal sushtika24@gmail.com	Bone Dentist and Dietician	<u>Sushtika</u>
08	Khushi Yadav	BSc (H) Phy		1198	khushi's0.540@gmail.com		<u>Khushi</u>
09	Simran	BSc (H) Phy.		1299	simran bonow 2003@gmail.com	All	<u>Simran</u>
10	Riddhi	BSc (H) Phy.		1357	riddhidwivedi10@gmail.com	All	<u>Riddhi</u>
11	Isha Patel	BSc (H) Phy.		1758	patelish1499@gmail.com	All	<u>Ishab</u>
12	Khushi	BSc (H) Phy.		1652	mamta.sharma@gmail.com	All	<u>Ky</u>
13	Saumya	BSc (H) Phy		1294	saumyabajpai2003@gmail.com	All	<u>Soya</u>
14	Anshika	B.Com (H)		1352	anshiraw180@gmail.com	All	<u>Anshika</u>
15	Mansi	B.A Hindi Hon		0051	cmansi@gmail.com	All	<u>Mansi</u>
16	Kanishk	B.A (H) Hon		0554	kanishkmandal30214@gmail.com	All	<u>Kanishk</u>
17	Chanchal	B.A (H) Hon		1087	manu.paturab62@gmail.com	All	<u>Chanchal</u>
18	Anuradha	B.A Hindi Ho		914	anuradhay938@gmail.com	All	<u>Anuradha</u>
19	Anju	B.A Hindi Ho		2016	manju88267@gmail.com	All	<u>Anju</u>

STUDENT ID

S.No	NAME	COURSE	ROLL No.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1.	Namrata Sengupta	B.Sc Life Science	2021/2029	namratasengupta2003@gmail.com	Eye	<u>Namrata</u>
1.	Rashmi	B.A (Prog.)	2021/2020	rashmisesekhawal1@gmail.com	All	<u>Rashmi</u>
2.	Anshika	B.A (Prog.)	2021/2061	anjusankoj56896	eye All	<u>Anshika</u>
3.	Neha Yadav	B.A (Prog.)	2021/2042	nehayadav7985@gmail.com	All	<u>Neha</u>
4.	Kruti Gupta	B.A (Prog.)	2021/1777	KrutiKruti712@gmail.com	eye	<u>Kruti</u>
5.	Shivani Ujainwal	B.Com (H)	2021/0909	shivaniujainwal@gmail.com	All	<u>Shivani</u>
6.	Khushboo Kumari	B.A (Prog.)	008	Suresh Patel Singh 1234@gmail.com	All	
7.	Ritu	B.A (Prog.)	0018	RituSoni61@gmail.com	All	
8.	Jyoti	B.A (Prog.)	2021/1097	JyotiKumar1804@gmail.com	All	
9.	Himanshi	B.Com (P)	3030	himanshi9000@gmail.com	All	<u>Himanshi</u>
10.	Shani Tautiq	BA (P)	1249	shani.tautiq@gmail.com	Adf	<u>SA</u>
11.	Renu	B.Sc Phys Science	1659	renuy6290@gmail.com		
12.	Tanu	B.Sc Phys	210	tanusangwan0377@gmail.com	Blood pressure	<u>Tanu</u>
13.	Tijtha	B.Sc Life Sci	1600	tijthagrawal02@gmail.com	All	<u>Tijtha</u>
14.	Khushi Sharma	B.Sc Life Sci	1799	khushisharma3532@gmail.com	All	<u>Khushi</u>
15.	Anjali Raj	B.Sc Life Sci	1504/2020	anjali.raj.singh.344@gmail.com	All	<u>Anjali</u>
16.	Arushi Sharma	B.Sc Life Sci	1830	arushisharma56@gmail.com	All	<u>Arushi</u>
17.	Preeti	B.Sc Life Science	1944	Preeti28042002@gmail.com	All	<u>Preeti</u>

STUDENTS

S.No	NAME	COURSE	PHONE NO.	ROLL NO.	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1	Mansi	B.Com (H)		20/1547	mansibhuj@gmail.com		<u>Mansi</u>
2	Kushi	B.Sc (H) Chem		20/2072	yadavdipaushu65@gmail.com		<u>Pushu</u>
3	Anita.	"		20/1336	anitabomboriya2002@gmail.com	BA Sugar, Cardio, eye	<u>Anita</u>
4	Niketa.	"		20/2252	niketabhandwaj930@gmail.com		<u>Niketa</u>
5	Anshu.	"		20/1410	anshulohan27@gmail.com		<u>Anshu</u>
6	Sharon	BA Prog		20/172	sharonTitus2x4@gmail.com		<u>Sharon</u>
7	Vishakha	"		20/498	vishaktasingh18@gmail.com		<u>Vishu</u>
8	Arni	B.Com (Hons)		2021/1458	arnicool2003@gmail.com		<u>Arni</u>
9	Anjali	BA Prog		2021/1901	anjalisharma182123@gmail.com	Dietician, ENT, All	<u>Anjali</u>
10	Ragini	"		21/1112	raghit511@gmail.com	Dietician, All	<u>Ragini</u>
11	Ashu	"		21/2022	ashu.ashu@81751@gmail.com	Dietician	<u>Ashu</u>
12	Juhi	B.Sc (H) Chem		20/1968	juhico43@gmail.com		<u>Juhi</u>
13	Urvashi	"		20/1594	urvashijoon9@gmail.com		<u>Urvashi</u>
14	Prerna	BA (H) Eco.		20/1932	aggarwal.pruna0709@gmail.com	all checkup.	<u>Prerna</u>
15	Bhri	B.Com (H)		21/1584	bhatraditi04123@gmail.com		<u>Bhri</u>
16	Mohak	"		21/019	redhuneha2@gmail.com		<u>Mohak</u>

STUDENTS

S.No	NAME	COURSE	PHONE NO	ROLL NO	E-MAIL ADDRESS	CONSULTANT	SIGNATURE
1.	Diksha	Bsc(H) Botany		2239	dikshaboduaal52@gmail.com	All check-up	<u>Diksha</u>
2	Karnika	Bsc (H) Botany		1882	sahani.karnika043@gmail.com	All check-up	<u>Karnika</u>
3	Geetanshi	Bsc (H) botany		781	geetanshidang953@gmail.com	All check up	<u>Geetanshi</u>
4.	Laxmi	BA Programme		175	Laxmi9313790524@gmail.com	All Check up	<u>Laxmi</u>
5	Komal	BALP(10g)		171	Komal9510002682@gmail.com	All checkup	<u>Komal</u>
6.	Sakshi Punia	Bsc (H) Maths		810	sakshipunia14@gmail.com	eye	<u>Sakshi</u>
7.	Akshula	Bsc (H) Maths		1686	Akshula.khos@gmail.com	eye	<u>Akshula</u>
8.	Anju	B.Sc (H) Chem		1898	yadav.anju@gmail.com	Blood Group Test	<u>Anju</u>
9.	Vishakha	BSc.(H) Chem		1521	imvish2002@gmail.com	All	<u>Vishakha</u>
10	Komal	B. A (HIS) H.		2257	Komal.kumarisjs@gmail.com	All	<u>Komal</u>
11	Jayashah	B.A(HIS) H.		2152	Jayashah08122002@gmail.com	All	<u>Jayashah</u>
12	Keshu	BSc Life Sci		1080	ki@brite.kb123@gmail.com	All	<u>Keshu</u>
13	Anjal Sen	BA Pol. Sci H		2222	senanjali2410@gmail.com	All	<u>Anjal</u>
14.	Anshika	B.com (Prog)		991	anshika1109varma@gmail.com	gyane, dietician, eye.	<u>Anshika</u>
15.	Divya	B. Com (Prog)		0136	divyara7646@gmail.com	dietician	<u>Divya</u>
16.	Nimisha	B.Hons (Socio)		1444	nimishakubreja@gmail.com	ENT	<u>Nimisha</u>
17	Khushi Yadav	B. Hons (Hindi)		0484	Khushi.Yadav2082004@gmail.com	All-Checkup	<u>Khushi</u>
18	Nandni	B.Com		1066	mandriyadav0920@gmail.com	Gyano	<u>Nandni</u>

S I H F T

[PARENTS]

Parent	Students' Name			SIGNATURE
/ NO NAME	DEPARTMENT		CONSULTANT	
1. Ritu Devi	Sonali [Blom(p)]			Ritu Devi

OUTSIDERS

No	Name	P.No.	Contact in Clg	Consultant	Sign
	Raja Bai	7428152231	Anjana		P/41/41/5

National Level webinar by H & H Committee and Enabling Unit

Date: 19th November 2022

Topic: Workplace orthopedics: Sports Injuries & Joint Pains

Platform: Zoom

Guest speaker: Dr. Nitiraj Singh Oberoi

Number of participants: 97

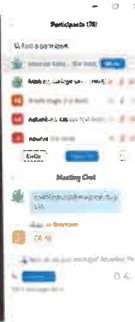
Second in the series in the current academic session, a webinar on the topic Workplace Orthopedics: Sports Injuries & Joint Pains was organized by Maitreyi College on 19th November 2022 on Zoom platform. Guest speaker on the topic was Dr. Nitiraj Singh Oberoi, from Max Smart Super Specialty Hospital, Saket.

The webinar started with virtual lamp lighting and an overview of the topic by the convener and coordinator Dr. Prachi Bagla and Dr. Pramod Kumar Singh respectively. It was a joint endeavour of H & H Committee and the Enabling Unit of the college under supreme support and guidance from the Principal, Prof Haritma Chopra.

Dr. Oberoi explained plausible workplace injuries in the desk jobs and professions like teaching and gave useful tips to avoid injuries and discomfort by dwelling on correct workspace. He laid special emphasis on appropriate chairs to sit on for correct posture and to avoid damage to different parts of the body. He spoke at length on sports related injuries and risks in over-exertion. He explained how joint pains occur and benefits of knee replacement.

At the end of the talk, questions from the house were taken up by Dr. Oberoi.





Maitreyi College organized a National Webinar on Workplace Orthopedics

New Delhi: Joint replacement is the first step to prevention and treatment. With this viewpoint in mind, Maitreyi College holds weekly talks from time to time. COVID times taught us to hold the talks on virtual mode. It is still continuing in some way as this mode allows us to disseminate knowledge far and wide as our webinars have become national level sessions, says Principal Professor Horima Chopra.

Served in the sector in the current academic session, a webinar on the topic Workplace Orthopedics Sports Injuries & Joint Pains was organized by Maitreyi College on Zoom platform. The guest speaker on the topic was Dr. Nitiraj Singh Oberoi, from Max Smart Super Specialty Hospital, New Delhi.

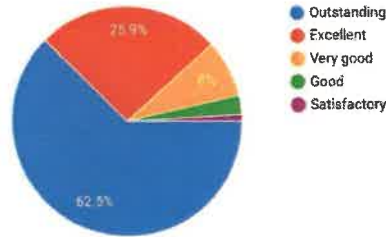
The webinar started with virtual lamp lighting and an overview of the topic by the convener and coordinator Dr. Prachi Bagla and Dr. Pramod Kumar Singh respectively. It was a joint endeavour of I R H Committee and the Enabling Unit of the college under auspicious support and guidance from the Principal, Prof. Harima Chopra.

Dr. Oberoi explained plausible workplace injuries in the desk jobs and professions like teaching and gave useful tips to avoid injuries and discomfort by dwelling on correct workspace. He laid special emphasis on appropriate chairs to sit on for correct posture and to avoid damage to different parts of the body. He spoke at length on sports related injuries and risks in over-exertion. He explained how joint pains occur and benefits of knee replacement.

How relevant was the theme/topic of the National Webinar on Workplace Orthopedics : Sports Injuries & Joint Pain ?



112 responses



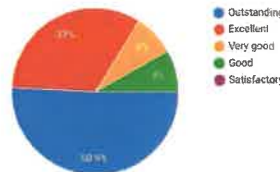
How do you rate the lecture delivered by the Speaker - Dr. Nitiraj Singh Oberoi ? (आपकी प्रतिक्रिया मुख्य वक्ता डॉक्टर नीतिराज सिंह ओबेरोय द्वारा दिए गए व्याख्यान के सन्दर्भ में है?)

112 responses



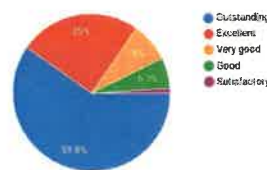
How were your queries answered by the speaker? (वक्ता द्वारा प्रतिभागियों के प्रश्नों के लिए गए उत्तर के सन्दर्भ में आपकी प्रतिक्रिया है?)

112 responses



How was your experience with the support of the organizing committee? (आयोजन समिति के द्वारा प्रदत्त सहयोग के सन्दर्भ में आपका अनुभव कैसा रहा?)

112 responses



Email Address	Full name of the Participant (प्रतिभागी का पूरा नाम)	Designation (पद)	Department & Institution Name (विभाग और संस्थान का नाम)
sonu.mishrarb125@gmail.com	Sonu Kumar Journalist(CEO)	Editor-In-Chief	IYC NEWS NETWORK-AGENCY, Patna(Bihar)
Kapoorakanksha22@gmail.com	Ms Ruby Thomas	Nurse	Health & hygiene committee, Maitreyi College, University of Delhi
prtipandey721094@gmail.com	Preeti Pandey	Student	Kirori Mal College, University of Delhi
rudrikarawat123@gmail.com	Rudrika Rawat	Student	Maitreyi College
pinkisin9h@gmail.com	Pinki	Student	Bsc physical science with computer science & Maitreyi college

bhardwajankita195@gmail.com	Ankita bhardwaj	Student	Maitreyi college English honours
tanjilakhatun911@gmail.com	Tanjila Khatun	Student	Rajshahi Court College, Rajshahi
sharma.rajesh075@gmail.com	Komal Sharma	Student	Mba (Hospital Administration)
ag9338119@gmail.com	Anjali	Student	B. A. Prog. ,Maitreyi college
vgoel@maitreyi.du.ac.in	Dr. Versha Goel	Associate Professor	Department of Zoology, University of Delhi
sekhar1983@gcrjy.ac.in	MR. GOSALA SEKHAR BABU	Assistant Professor	MATHEMATICS, GOVERNMENT COLLEGE (AUTONOMOUS), RAJAMAHENDRAVARAM
kareenapalia@gmail.com	Kareena	Student	Guru Hari kishan Gola kheri
nchauhan@maitreyi.du.ac.in	Nirmala Chauhan	Associate Professor	Commerce Maitreyi College DU
somwatiahirwar898@gmail.com	Somwati	Student	Maitreyi College
lakshikaahuja2013@gmail.com	Ms.Lakshika Ahuja	Student	Life Science, Maitreyi College University of Delhi
anjali bhagat520@gmail.com	ANJALI BHAGAT	Student	Maitreyi college (NCWEB)
nagenderlaul@gmail.com	Nagender Laul	Library Attendant	PGDAV College, University of Delhi
sbadhani@maitreyi.du.ac.in	Shikha Badhani	Assistant Professor	Dept of Computer Sciencr, Maitreyi Collegr
sunitasharma.kc@gmail.com	Dr Sunita Sharma	Assistant Professor	Kalindi College, DU
zehrabatool1805@gmail.com	Zehra Batool	Student	Maitreyi college
rajmalhotra9793799498@gmail.com	Shivam Kumar Panday	Student	Deen Dayal Upadhyaya Gorakhpur University Gorakhpur
poonampandey8595@gmail.com	Dipti	Student	Maitreyi college university of Delhi
himanshi.0365@gmail.com	HIMANSHI	Student	Maitreyi College
sujata.gharti2002@gmail.com	Sujata gharti	Student	Maitreyi college
elenarao7811@gmail.com	Pooja	Student	Maitreyi college
pantswati72@gmail.com	Ms. Swati Pant	Student	Maitreyi college delhi university
leenashokeen8@gmail.com	Leena	Student	Political science department
mehraanshita003@gmail.com	Anshita Mehra	Student	Maitreyi college (B.A. Eng hors.)
khushikgrover@gmail.com	Khushi Kr. Grover	Student	Maitreyi College (University of Delhi)
sapnabhakhar016@gmail.com	Sapna	Student	Bcom,3rd Year,maitreyi college
aanchalmishra@gmail.com	Miss Aanchal Mishra	Student	BA(HINDI)HONS
meghaa239@gmail.com	Megha Arora	Student	Commerce department(Bcom hors) , Maitreyi College
sahuja76@gmail.com	SANJAY AHUJA	Sr. Assistant	MAITREYI COLLEGE

sandhyagupta110064@gmail.com	Sandhya	Student	Maitreyi college
jayashah08122002@gmail.com	JAYA SHAH	Student	MAITREYI COLLEGE UNIVERSITY OF DELHI
upasanagupta2015@gmail.com	Miss UPASANA GUPTA	Student	Education, Uprtou - Uttar Pradesh rajshree tondon open University
itsjeet08@gmail.com	Jitender Sharma	Administration	Accounts department, Maitreyi College
mangeshthombal@gmail.com	Dr.Mangesh Jalindar Thombal	Director of Physical Education	Late Ku.Durga K.Banmeru Science College Lonar,Tal- Lonar,Dist-Buldana
leorama3@yahoo.co.in	Rama Venkiteswaran	Student	Sanskrit Bharati New Delhi
yummymudgal@gmail.com	Tanuja mudgal	Student	Uprtou
premc6930@gmail.com	PREM CHAND	Professional Assistant Library	Library, Hansraj College
drjgcn@gmail.com	Dr. Jaya Ghosh	Assistant Professor	Department of English, Dr. Gour Mohan Roy College
rdhingra@maitreyi.du.ac.in	Dr. Ritu Dhingra	Associate Professor	Physics Maitreyi College,
ganeshgtilve@gmit.ac.in	Prof. Ganesh G. Tilve	Assistant Professor	Department of Biotechnology, G M Institute of Technology
seemasingh.du@gmail.com	Seema Singh	Student	Kalindi college (University of Delhi)
mngkuru64@gmail.com	Mr.Mayank shukla	Student	Mangalayatan University
divyarajchaudhary11@gmail.com	Divya Raj	Student	Maitreyi College
sapnacy@2002gmail.com	Sapna	Student	Maitreyi college
aloksrivastava5877@gmail.com	Dr.Alok Kumar Srivastava	Assistant Professor	Zoology DBS College Kanpur
ompalrexwal90055@gmail.com	Gunjan Rexwal	Student	Sports department
bhartisinghjaat62@gmail.com	Bharti	Student	Maitry college
mansibhaj@gmail.com	Mansi	Student	Commerce Department, Maitreyi College
summi009988@gmail.com	Sumit	Student	Maharaja agrasen college, DU
sharma.anoushka2705@gmail.com	Anoushka Sharma	Student	B.A. Program (English+Sociology) Maitreyi College
lenboikhongsai561@gmail.com	LHUNMINLEN	Lecturer	Dept.of Thadou-Kuki Moreh College Moreh
deepalikumar30@gmail.com	Miss DIVYA	Student	Maitreyi College University Of Delhi
manisha859587@gmail.com	Manisha Kumari	Student	Workplace orthopedics
deepikaparewa9810@gmail.com	Deepika parewa	Student	B.com maitreyi college
ganeshdandeli@gmail.com	Prof. Ganesh G. Tilve	Assistant Professor	Department of Biotechnology, G M Institute of Technology, Davangere
shalunaagar3@gmail.com	Shalu	Student	Maitreyi college

sambhajibhosale212@gmail.com	डॉ. संभाजी मारुती भोसले	Principal	इचलकरंजी शिक्षणशास्त्र महाविद्यालय इचलकरंजी, शहापूर
rekhanirmale2107@gmail.com	NIRMALE REKHA LAXMAN	Principal	College Of Education Pethvadgaon.
ap3239663@gmail.com	Anuradha	Student	Maitreyi collage
singhritika97164@gmail.com	RITIKA	Student	Maitreyi college
kajalkm790@gmail.com	Kajal	Student	Kamla hari mahavidyalaya maigalganj lakhimpur kheri
ptr.gadadhar@gmail.com	Mr. Gadadhar Patra	Student	Sanskrit, Rabindra Bharati University
Tanugupu2002@gmail.com	TANU KUMARI	Student	B.com , 3rd year & maitreyi college
rohiwalbhawna@gmail.com	Bhawna	Student	Maitreyi college
jyotiyadav9399@gmail.com	Miss Kumari jyoti	Student	Commerce delhi university
fsaidyfaye14@gmail.com	Ms. Fatou Saidyfaye	Student	Maitreyi College, Delhi University. Commerce Department
Shivighudaiya@gmail.com	Shivi Ghudaiya	Student	B A political science honrs
nabakumarroy.mkr@gmail.com	Naba Kumar Roy	Research Scholar	Sanskrit & Central Sanskrit University
uttam.singhh84@gmail.com	Mr. Uttam Singh	PGT	R.K +2 H/S Katkamsandi, Hazaribag
shivijha810@gmail.com	Shivani kumari	Student	Sanskrit & Maitreyi college
sangeetamukatimp@gmail.com	Sangeeta Mukati	Homemaker	Indor, MP
ahlawatdevika@gmail.com	Ms. Devika Ahlawat	Student	BA Pogramme, Maitreyi College
avulapriyanka730@gmail.com	Priyanka Avula	Junior Researcher	EFEO Pondicherry
shuklaashish5669@gmail.com	Mr. Ashish shukla	Student	Banaras Hindu University Department of Vyakaran
satyamgautam413@gmail.com	Mr.Satyam Gautam	Student	BHU department of jyotish
ranjansvits@gmail.com	Dr Lokesh Kumar	Assistant Professor	AKU Patna
silky.gupta243@gmail.com	Manjari Gupta	Student	Diploma for preschool education Vidya training institute
mishrashweta242003@gmail.com	Shweta	Student	Maiteryi college
aartisingh2816@gmail.com	Aarti singh	Student	Political science honours
meticulouschanchal@gmail.com	Chanchal	Student	History Department, Maitreyi College
reet.verma2002@gmail.com	Miss. Ritika	Student	Maitreyi College
annuchoudhary532004@gmail.com	Miss. Annu Choudhary	Student	Maitreyi College
pooja008897@gmail.com	Pooja	Student	Bhagini Nivedita College (University of Delhi)
salemsureshmail@gmail.com	R Suresh., MSc ,MPhil ,BPEd.,PGDY.,	Yoga & Health Educator	Salem TN

as0191696@gmail.com	Ankush	Student	GNIOT, Greater Noida, UP
gayatrikumari192002@gmail.com	Gayatri Kumari	Student	Maitreyi college
rakhiacps@gmail.com	Rakhi	Guest Teacher	Political Science, Maitreyi College
mahapatra.soham99@gmail.com	Mr. Soham Mahapatra	Student	Sanskrit Department, Midnapore College (Autonomous)
devtallayukti@gmail.com	Yukti devtalla	Student	Commerce Department Maitreyi College
pratibhapanchal16@gmail.com	Pratibha	Student	Maitreyi College University Of Delhi
nehatanwar20211@gmail.com	Ms. Neha Tanwar	Student	Maitreyi college
c.p.25diwan@gmail.com	श्री चन्द्र प्रकाश	PGT	Academic Heights Public School, Murtizapur, Maharashtra
sonukumarwz01@gmail.com	SONU KUMAR	Student	MAHARAJA AGRASEN COLLEGE
pallavi.sharma30890@gmail.com	Pallavi Sharma	Admin administration	Vig Graphics Pvt. Ltd.
riyapalia12@gmail.com	Riya	Student	Guru Hari Kishan gola kheri
sroshni307@gmail.com	Roshni Sahu	Student	Commerce Department Maitreyi College University of Delhi
sonali64534@gmail.com	Sonali Kumari	Student	Maitreyi college
Ka2487115@gmail.com	Anjali	Student	Sanskrit Department
bipinji494@gmail.com	Dr Bipin Dubey	Assistant Professor	M.J..K. College, Bettiah (West Champaran)
excelanandini@gmail.com	Nandini Rastogi	TGT	Narayana e-techno School
twinkal7124@gmail.com	Twinkal kumari	Student	Maitreyi college
surajjha636@gmail.com	Suraj Kumar	Research Scholar	Maharshi Dayanand University Rohtak Haryana India
akashjha200@gmail.com	Aakash	Research Scholar	श्री लाल बहादुर शास्त्री राष्ट्रीय संस्कृत विश्वविद्यालय नई दिल्ली - 110016
aditinagpal52@gmail.com	Aaditi Nagpal	Student	Maitreyi College
rekhakumari2004@gmail.com	Dr. Rekha Kumari	Assistant Professor	Department of Sanskrit, Maitreyi college, University of Delhi Police
saniajayswal@gmail.com	Miss. Sania Jayswal	Student	Maitreyi college (Delhi University)
sasankasekharparasar13@gmail.com	Mr. Sasanka Sekhar Parasar	Student	Nagaon College (Autonomous), Sanskrit department
biharilaldwivedi@gmail.com	डॉ. बिहारी लाल द्विवेदी	Principal	मेकलसुता महाविद्यालय डिण्डौरी
Report by			

Dr. Prachi Bagla

Prachi Bagla

Convener H & H Committee

20220-23

Dr. Prachi Bagla Convener H & H Committee 20220-23			
--	--	--	--

National Level Webinar

Organized by H & H Committee and Enabling Unit

Date: 15th October 2022 4 pm onwards

Speaker: Dr. Neelanjana Singh

Qualification: Clinical Nutritionist

Platform: zoom

Participants: 85

Topic: CVD and Diet

H & H committee and Enabling unit of Maitreyi College held a national level webinar on 15th October 2022 on zoom. The resource person was a renowned clinical nutritionist, Dr. Neelanjana Singh who spoke on the topic Cardiovascular Disease and Diet.

Dr. Singh explained that Indians die premature due to 9 risk factors such as smoking, hypertension, unhealthy diet, low physical activity etc. As against a popular belief, heart disease among women in India is nearly as high as in men not due to the usual risk factors but due to other unique factors stemming up due to pregnancy, menopause, PCOS, depression or sleep deprivation etc. Moreover irregular eating habits like skipping breakfast and stress are associated with increased risk of heart disease and obesity. Many risk factors causing CVD are related to improper diet.

Dr. Neelanjana Singh busted the myth that those above 40-50 years only are exposed to risk of CVD. According to her those as young as 10 years old may also be exposed to it. As she came to diet to avoid CVD among all age groups across gender, she proposed high fibre, low saturated fat food, wide variety of different coloured fruits, avoidance of alcohol, completely doing away with smoking, exercising, and good amount of sleep. As for cooking medium, her suggestion was that as different oils have different properties, it is best to have a combination of oils. According to her it is wrong not to consume desi ghee and equally wrong to use only ghee in cooking. One can consume one egg a day and handful of nuts five times a week. She suggested life style interventions to avoid hypertension.

MAITREYI COLLEGE
(ACCREDITED WITH GRADE 'A' BY NAAC)
(UNIVERSITY OF DELHI)

Organizer of National Webinar on
CARDIOVASCULAR DISEASES AND DIET
(Date : 15th October 2022, Time : 04:00 PM, Join through : Zoom Platform)
(Under the aegis of Anshu Ka Ashwini Mahodhar / An Initiative of GDC, of Delhi)

DR. NEELANJANA SINGH

Chair & Patron
Prof. Harima Chopra
Principal, Maitreyi College
(University of Delhi)

Convener
Dr. Prachi Bagla
Department of Community
Medicine, Maitreyi College (DU)

Co-convener
Dr. Pramod Kumar Singh
Convener, Smoking Unit
Maitreyi College (DU)

Organized by
Health & Hygiene Committee & Smoking Unit
Maitreyi College, Chanakyaपुर, New Delhi

Organizing Committee
Ms. Rishika Chauhan, Ms. Akansha Kapoor, Ms. Siddika Nair,
Ms. Apurva Saha, Ms. Rashi, Niharika Khurana & Shalini Goyal

Join WhatsApp Group
[Click Here](#)

Join Exam Meeting
[Click Here](#)

Prevention is key & much is possible

- Portion size of foods is crucial, esp. carbohydrates.
- Focus on the whole food, not just on one nutrient (e.g., protein).
- Sugary drinks are easy to take in excess. Watch intake of artificial sweeteners too.
- Watch weight, glucose and insulin levels.
- Focus on fiber, healthy fats, fruits.
- Avoid ultra-processed (especially fast-food) foods.

Global Burden of Disease Study
Many Risk Factors are Diet-Related

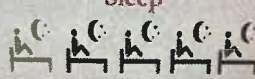
- High BP
- Low fruit & vegetable intake
- High BMI
- High Fasting Plasma Glucose
- Alcohol consumption:
 - Abused
 - Physical inactivity
- Airborne PM pollution & household air pollution
- Smoking

Managing Stress

Cortisol is released in response to stress. High levels of cortisol from long-term stress can increase blood cholesterol, triglycerides, blood sugar, and BP. These are common risk factors for heart disease.

Individualize stress management.

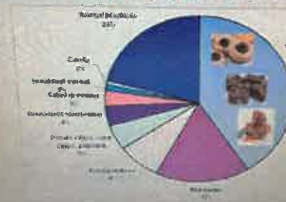
Sleep



• 1 in 6 adults within suffer from sleep deprivation - a risk factor for CVD.
Recommendation: 7-9 hours

• Sleep loss increases depression and elevated risk of CVD.

Trans Fatty Acid In The Diet



Source	Percentage
Hydrogenated oils	25%
Confectionery	15%
Fast food	10%
Processed meats	10%
Other sources	40%

• Saturated fats, trans fats, and refined grains are associated with CVD.

Supplements for Prevention

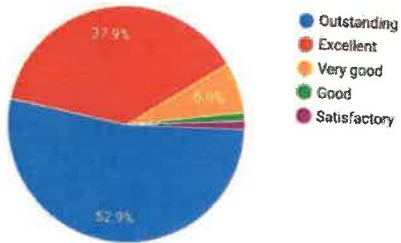
- Folic Acid
- Omega-3 fatty acids
- Arjun bark in various formulations

Talking Dr. Anshu Khurana Singh

How relevant was the theme/topic of the National Webinar on **CARDIOVASCULAR DISEASES AND DIET**? (राष्ट्रीय वेबिनार हेतु चयनित "हृदयरोग एवं आहार" विषय कितना प्रासंगिक था ?)



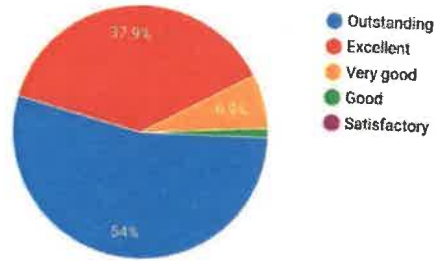
87 responses



How do you rate the lecture delivered by the Speaker - Dr. Neelanjana Singh? ? (आपकी प्रतिक्रिया मुख्य वक्ता डॉक्टर नीलांजना सिंह द्वारा दिए गए व्याख्यान के सन्दर्भ में है?)



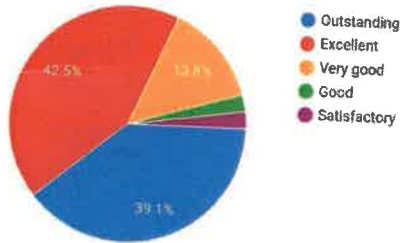
87 responses



How were your queries answered by the speaker? (वक्ता द्वारा प्रतिभागियों के प्रश्नों के दिए गए उत्तर के सन्दर्भ में आपकी प्रतिक्रिया है?)



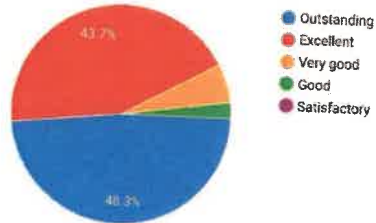
87 responses



How was your experience with the support of the organizing committee? (आयोजन समिति के द्वारा प्रदत्त सहयोग के सन्दर्भ में आपका अनुभव कैसा रहा?)



87 responses



Email Address	Full name of the Participant (प्रतिभागी का पूरा नाम)	Designation (पद)
vaaksudhapublication@gmail.com	Dr. Pramod Kumar Singh	Assistant Professor
mishrashweta242003@gmail.com	Shweta	Student
ishika1752@gmail.com	Ishika Bhalla	Student
leorama3@yahoo.co.in	Rama Venkiteswaran	Home maker
aniharika48@gmail.com	Ms. Niharika Arora	Student
smishra@maitreyi.du.ac.in	Dr. Savvi Mishra	Assistant Professor
Kapoorakanksha22@gmail.com	Ruby Thomas	Nurse
surajjha636@gmail.com	Suraj Kumar	Research Scholar
aggvan07@gmail.com	Miss. Vanshika Aggarwal	Student
ag9338119@gmail.com	Ms Anjali	Student
somwatiahirwar898@gmail.com	Somwati	Student
sapnabhakhar016@gmail.com	Sapna Bhakhar	Student
himanshisharma06710671@gmail.com	Miss Himanshi	Student
lyotsna@maitreyi.du.ac.in	Jyotsna	Assistant Professor
drjcggn@gmail.com	Dr. Jaya Ghosh	Assistant Professor

ptra.gadadhar@gmail.com	Mr. Gadadhar Patra	Student
fsaidyfaye14@gmail.com	Fatou Saidyfaye	Student
sonu.mishrabrb125@gmail.com	Sonu Kumar Journalist(CEO)	Editor-In-Chief
sapna43321@gmail.com	Sapna Nidhi	Student
sbadhani@maitreyi.du.ac.in	Dr. Shikha Badhani	Assistant Professor
nchauhan@maitreyi.du.ac.in	Nirmala Chauhan	Associate Professor
ushaa.aku@gmail.com	Usha Bisht	Student
ishitamaitreyi@gmail.com	Ishita Bhatia	Student
adititiwari358714@gmail.com	Miss Aditi tiwari	Student
deepugp1@gmail.com	Dr Deepu G P	Associate Professor
nagenderlaul@gmail.com	Nagender Laul	Library Attendant
kareenapalia@gmail.com	Kareena	Student
rajmalhotra9793799498@gmail.com	Shivam Kumar Panday	Student
meticulouschanchal@gmail.com	Ms. Chanchal	Student
bhartisonali06@gmail.com	Sonali bharti	Student
lindumkawk858@gmail.com	Miss lindum kawk	Student
kajalyadav2929@gmail.com	Ms. Kajal Yadav	Student
riyapalia12@gmail.com	Riya	Student
lincy96@gmail.com	Lincy Thomas	PRT
meghaa239@gmail.com	Ms. Megha Arora	Student
raoneelam726@gmail.com	Neelam	Student
sapnachy@2002gmail.com	Sapna	Student
merlynethomasven@gmail.com	Merlyne Thomas	Student
pcfm87@gmail.com	Puneet Chawla	Assistant Professor
salemsureshmail@gmail.com	R.Suresh., MSC.,MPhil ,MLIS.,BPEd ,PGDY.,	Yoga Instructor
jayashah08122002@gmail.com	Jaya Shah	Student
vmishra@maitreyi.du.ac.in	Dr. Veena Mishra	Associate Professor
gargimittal2413@gmail.com	Gargi Mittal	Student
zoyashakeel963@gmail.com	Zoya Shakeel	Student
rky2117@gmail.com	Khushboo Yadav	Student
arunamallavalli@gmail.com	MALLAVALLI. ARUNA	Associate Professor
sunilrocker2015@gmail.com	Dr Sunil Kumar Verma	Assistant Professor
shristi1902@gmail.com	Shristi Chakraborty	Student
c.p.25diwan@gmail.com	Shri Chandra Prakash	PGT
pg990110@gmail.com	Prerna	Student
hi.birend@gmail.com	Dr. Birendra Kumar	Senior Secondary Teacher
sheshnathdu@gmail.com	Dr. Sheshnath mishra	Assistant Professor
rinki10121@gmail.com	Rinki kumari	Student
arohitiwari750@gmail.com	Arohi Tiwari	Student
pallavi.sharma30890@gmail.com	Pallavi Sharma	MBA
sshreekrishna089@gmail.com	ANJALI VAISH	Student
pratibhapanchal16@gmail.com	Pratibha	Student
mansibhaj@gmail.com	Mansi	Student

sambhajibhosale212@gmail.com	डॉ.संभाजी मारुती भोसले	Associate Professor
rajalakshmim263@gmail.com	Mrs.M.Rajalakshmi	Research Scholar
sheetalchoudhary4602@gmail.com	Sheetal Choudhary	Student
meenakshiiisharma2002@gmail.com	Meenakshi Sharma	Student
ganeshgtilve@gmit.ac.in	Prof. Ganesh G. Tilve	Assistant Professor
kajalkm790@gmail.com	Kajal	Student
zehrabatool1805@gmail.com	Zehra Batool	Student
pareeksubhash6@gmail.com	Dr .Subhash Chander	Assistant Professor
nidhi_5000us@yahoo.com	Dr. Nidhi Aggarwal	Assistant Professor
Ka2487115@gemail.com	Anjali	Student
aloksrivastava5877@gmail.com	Dr.Alok Kumar Srivastava	Assistant Professor
reshmakumari211002@gmail.com	Reshma singh	Student
dineshkumarsharma1956@gmail.com	Sri Dinesh Kumar sharma	Research Scholar
deepalikumar30@gmail.com	MISS DIVYA	Student
jyotiraghav502@gmail.com	Mrs.Jyoti	Student
manisha859587@gmail.com	Manisha	Student
upasanagupta2015@gmail.com	Miss UPASANA GUPTA	Student
vgoel@maitreyi.du.ac.in	Dr. Versha Goel	Associate Professor
ranjansvits@gmail.com	डॉ. लोकेश कुमार	Assistant Professor
sroshni307@gmail.com	Roshni Sahu	Student
gaurav12853@gmail.com	Gaurav Sharma	Assistant Professor
ruby.thomas2805@gmail.com	Ruby Thomas	Nurse
hema.patibandla@gmail.com	Mrs.Hemalatha Patibandla	Associate Professor
rekhakumari2004@gmail.com	Dr. Rekha Kumari	Assistant Professor
prachimall2619@gmail.com	Prachi Mall	Student
kumarin200020@gmail.com	Nidhi	Student
monumhra01@gmail.com	Monisha	Student
pooja008897@gmail.com	Pooja	Student
poornimaps2205@gmail.com	Dr.P.S.POORNIMA	Assistant Professor

1\

Report by

Dr. Prachi Bagla

Prachi Bagla

Convener H & H Committee

2022-23